

MODULE 7



THE FEAR GATES

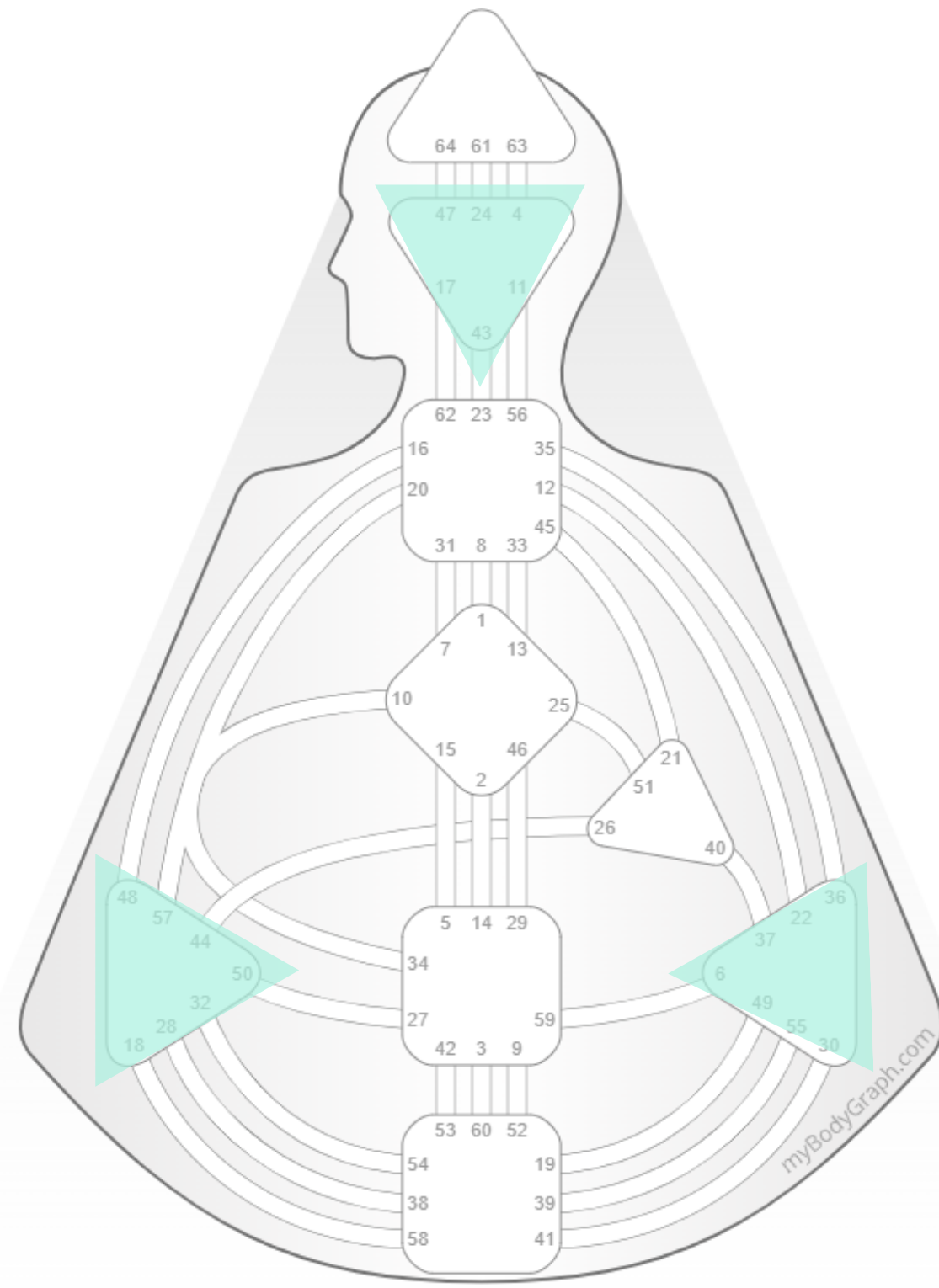


AWARENESS CENTERS

Ajna - Mental Anxiety

Spleen - Primal Fears for survival and well-being

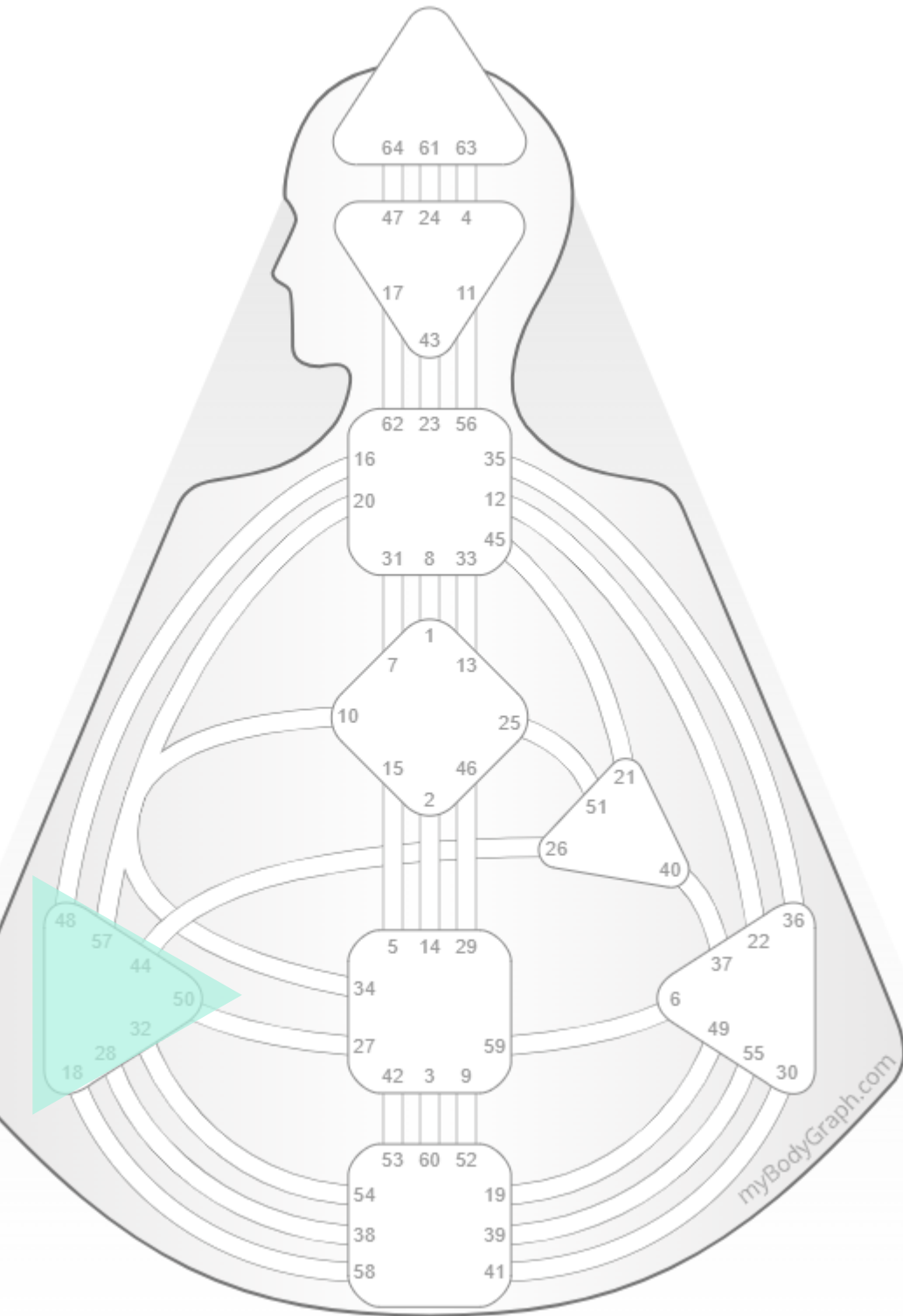
Solar Plexus - Emotional Fears



SPLEEN CENTER

Spleen - Health, Wellbeing, Intuition, Survival Instinct

55% of the population is Defined, 45% of the population is Undefined



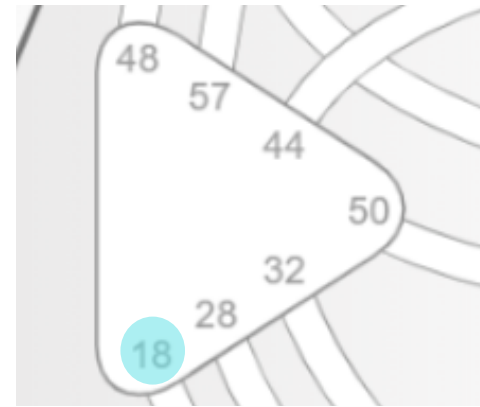
The Spleen Center, with its primal fears for survival and well-being, is also a source of our light-heartedness and laughter, our spontaneity and daring. The work of this center is instantaneous, instinctual alertness for anything that threatens our well-being, including negative emotional vibrations.

Biologically, the Spleen Center is associated with the Lymphatic system, the spleen and T-cells.

Am I Holding On To What Isn't Good For Me?

SPLEEN FEAR GATES

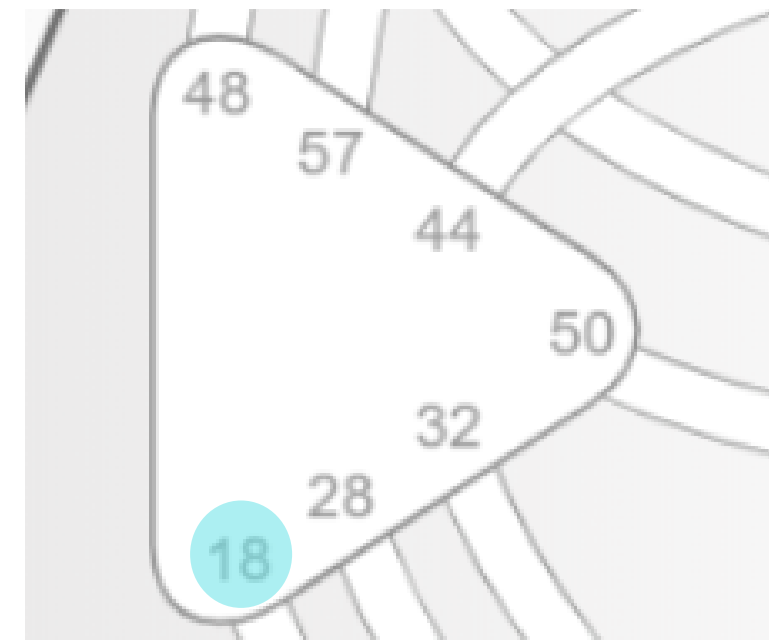
Gate 18 - Gate of Correction



Fear of Authority

Awareness of the pattern that needs to be corrected or not.
Fear of being judged by others and/or too much self judgement.

GATE 18 - WORK ON WHAT HAS BEEN SPOILT



The Gate of Correction

Gate 18 enjoys discovering, naming and challenging what needs correcting. When you experience dissatisfaction with something, chances are it has lost its vitality. Underneath this dissatisfaction lies a deep concern for human rights, and for what will keep society healthy and in harmony with itself. Your gift of critical awareness directs you to the source of a weakness or imperfection, and focuses your thinking on ways to correct or modify or replace it.

It is your way of cleaning out what isn't healthy, or restoring vitality to something that has been corrupted. Your gift is enhanced by impartial discernment, and logic's drive to perfect or fine tune your own skills of critical analysis.

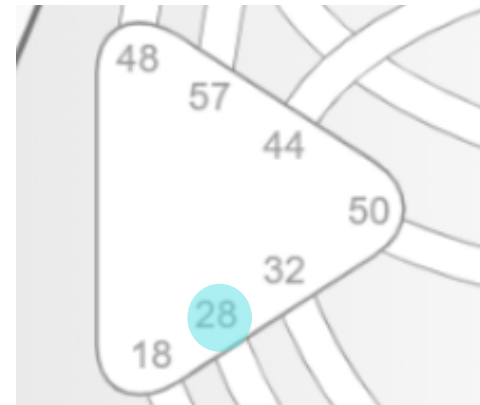
Ushering in a new understanding through identifying what needs correcting is the by-product of the process. Gate 18 also represents the fear of authority and the challenge to that authority.

As a Collective gate, it is designed to point out what needs to be corrected at the Collective level, but when used at the personal level it tends to backfire.

Without Gate 58's joyful fuel for correction, your dissatisfaction can become merely a constant source of fault finding. This is especially true if your valuable and crucial awareness is no longer productively focused on situations, patterns or institutions, but rather on people's idiosyncrasies and foibles.

SPLEEN FEAR GATES

Gate 28 - Gate of the Game Player



Fear of Death/Purpose

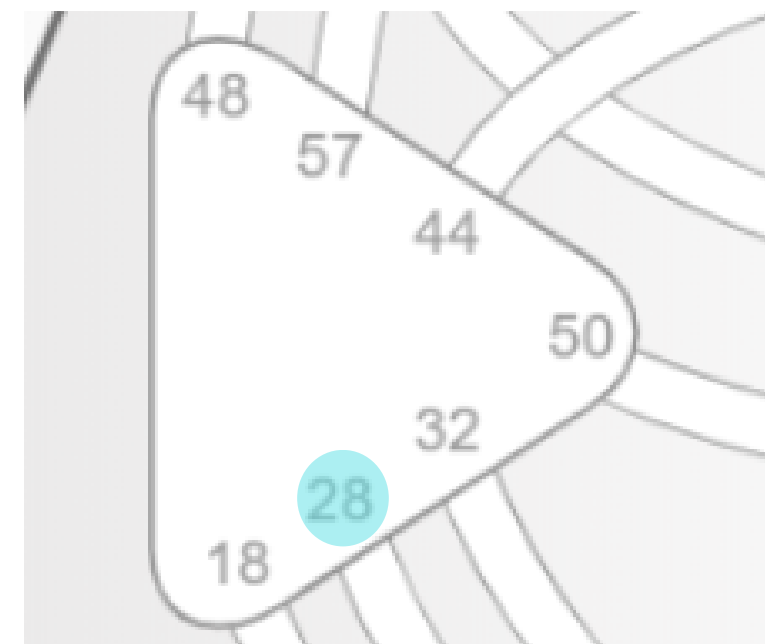
Awareness to struggle for purpose or not; not taking risks out of fear.

Fear that life has no purpose unless you take risks.

GATE 28 - PREPONDERANCE OF THE GREAT

The Gate of the Game Player

Gate 28's deepest fear is that life might end before one knows what makes it worth living, or what gives it meaning. It's an energy that is stubbornly focused on listening with awareness in order to best intuit which risks will make you feel more alive, and lead to struggles which bring purpose to existence.



With your Splenic awareness constantly alerting you to danger, you are willing to take risks others wouldn't, to play games with life and death. Ultimately, you will spontaneously meet and confront your own fears of death one at a time.

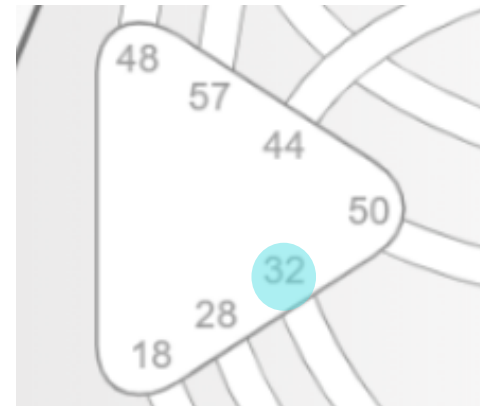
You have the energy needed to redirect the self-absorbed energy of people with Channel 57-20 by prodding them to make their intuitive knowing available to you and to others.

Your own awareness helps people with Gate 38 determine who or what they should invest their energy in, enabling them to better assess the health and safety factors for whatever they consider worth fighting for.

Without Gate 38, you may fall victim to unnecessary pressure to fight or struggle, experiencing needless resistance and exhaustion. You look to people with Gate 38 for clues about what they have discovered makes their life's struggles worthwhile.

SPLEEN FEAR GATES

Gate 32 - Gate of Continuity



Fear of Failure

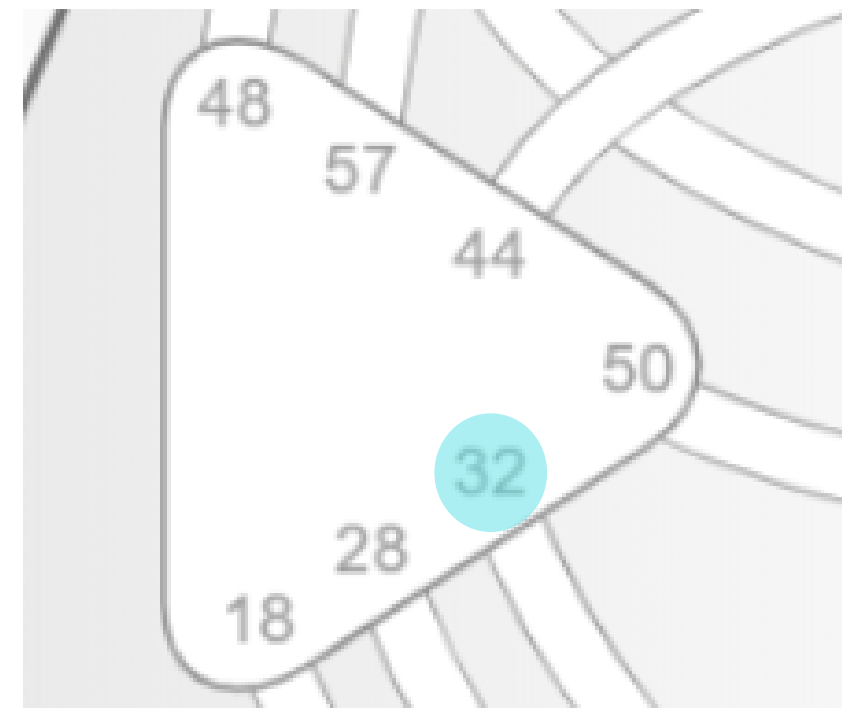
Awareness of what can be transformed or not.

Fear of failure holds you back from doing what you want to do.

GATE 32 - DURATION

The Gate of Continuity

Awareness through Gate 32 is focused on constant evaluation as an instinctive recognition of what can and cannot be transformed. An underlying fear of failure can put the brakes on runaway ambition. Gate 32's ability to adapt, yet maintain its true nature, is the Spleen's contribution to the material continuity of the Tribe. This is part of your contribution as well.



A great deal rests on what is recognized and valued, and thereby encouraged and retained by the Tribe.

One of your gifts is recognizing who has the skills or education to move up in the world; and then, using your influence, to bring them to the attention of those in positions of authority.

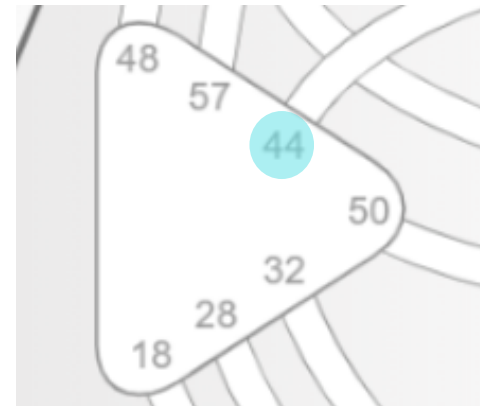
This is the gate of prolonged indecision. You are apt to find yourself agonizing over how to maintain a balance between what is working successfully (conservatism), and opening yourself or an organization up to the unknown risks (fear of failure) that accompany transformation and change.

Change is inevitable, however, and when it becomes part of the equation for life, growth is optimized. By relying on your Authority for timing, and staying closely attuned to your own instincts, your wisdom will emerge over time as ways to keep society from repeating what does not work, while also embracing what has lasting value.

Without Gate 54 the 32nd gate senses its lack of a consistent source of fuel or drive or ambition to succeed.

SPLEEN FEAR GATES

Gate 44 - Gate of Alertness



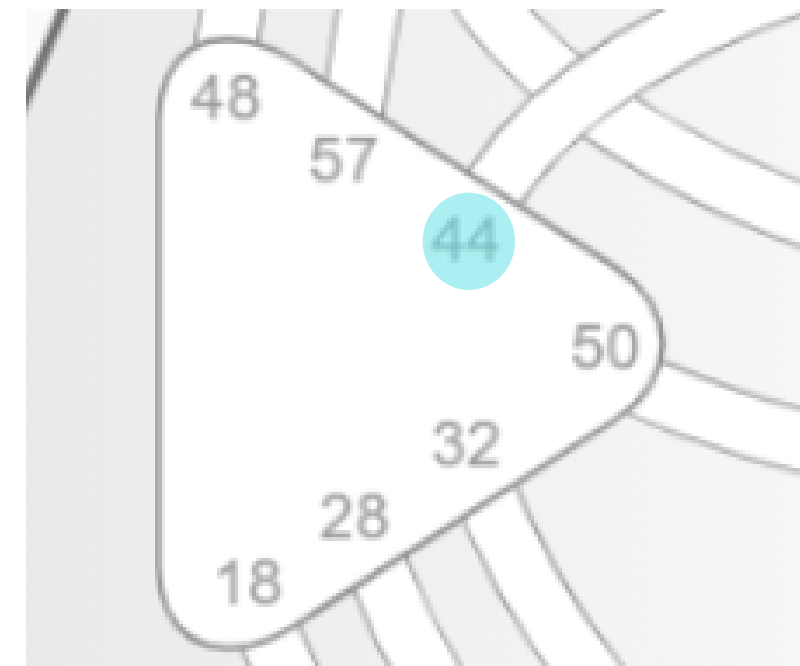
Fear of Past

Awareness through smell for the talents and potentials of others or not.
Fear that the past baggage will catch up with you.

GATE 44 - COMING TO MEET

The Gate of Alertness

Gate 44 is the gate of memory; it remembers the patterns for living that have successfully provided for our material needs. This memory is an integral and consistently trustworthy part of our survival intelligence as a species. You are instinctually alert in every moment for the correct spontaneous relationship or interaction that can move a potential to the level of a possibility.



What you remember or transmit shapes the Tribe's material orientation, and eventually strengthens its ego presence and power in the world. You control the way Gate 26 is going to act in terms of selling, defending or fighting for the tribe. This is where tribal propaganda can be found.

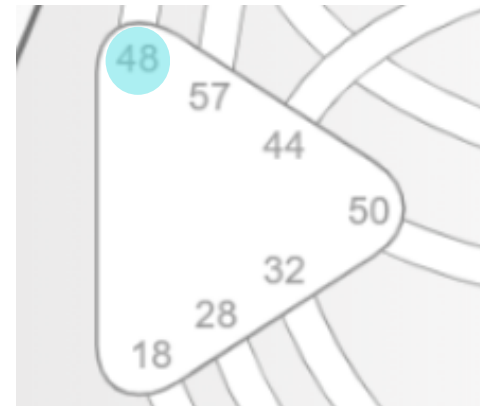
You help the Tribe to allay its fears of the past by remembering that a starving child is not a healthy child, and that material security and health go hand in hand.

The Spleen is not a motor, so once your awareness is recognized and valued by the Tribe, you will look to the willpower of Gate 26 to act on it. In this way, whatever transformation you instinctively know the Tribe needs to ensure its survival becomes a reality.

Without Gate 26 you are prone to unnecessarily exaggerate by over-committing and making promises you cannot keep. What you fear most is that baggage from the past might catch up with you.

SPLEEN FEAR GATES

Gate 48 - Gate of Depth



Fear of Inadequacy

Awareness of a potential solution or not.

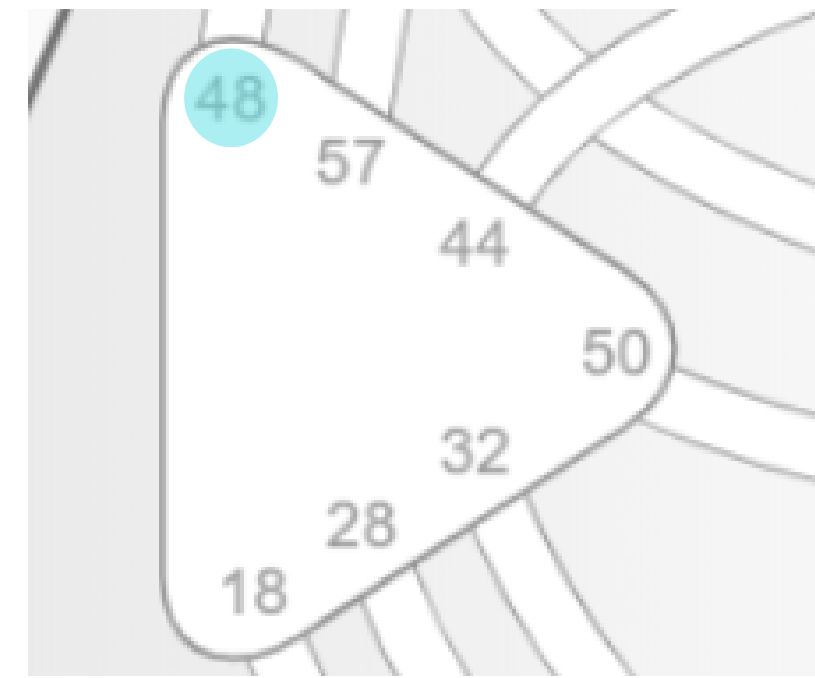
Fear that you don't have enough depth, seeking depth to resolve fear.

I'm not ready. I need to learn more, study more, prepare more, be more qualified...

GATE 48 - THE WELL

The Gate of Depth

Gate 48 provides a potent awareness, rooted in deep instinctual memory, that gives you the potential depth to bring logic's real and workable solutions to the problems of society. You carry an innate wisdom. More than anything, you want to express and share your depth in order to help others recognize, correct and perfect the world we live in.

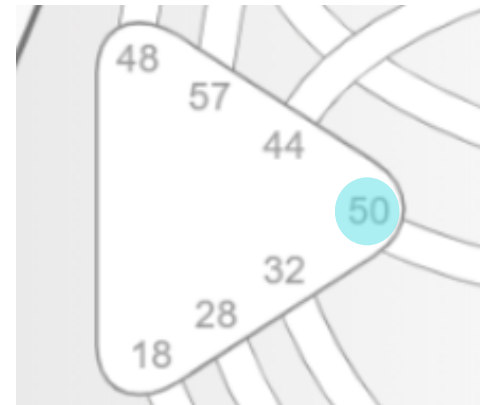


Without Gate 16, however, you may experience feelings of inadequacy, fearing that you won't be able to explain your solution, or periods of frustration when you realize that you must wait for your depth to be recognized by others before you can share it. You may become overly concerned about developing skills you feel you lack.

Relaxing into an active (expectant) waiting will usually draw people to you who will initiate your depth. In this way your potential solutions can emerge naturally and clearly as a foundation for evaluating, perfecting and mentoring the skills of others. You need others to call out your depth.

SPLEEN FEAR GATES

Gate 50 - Gate of Values



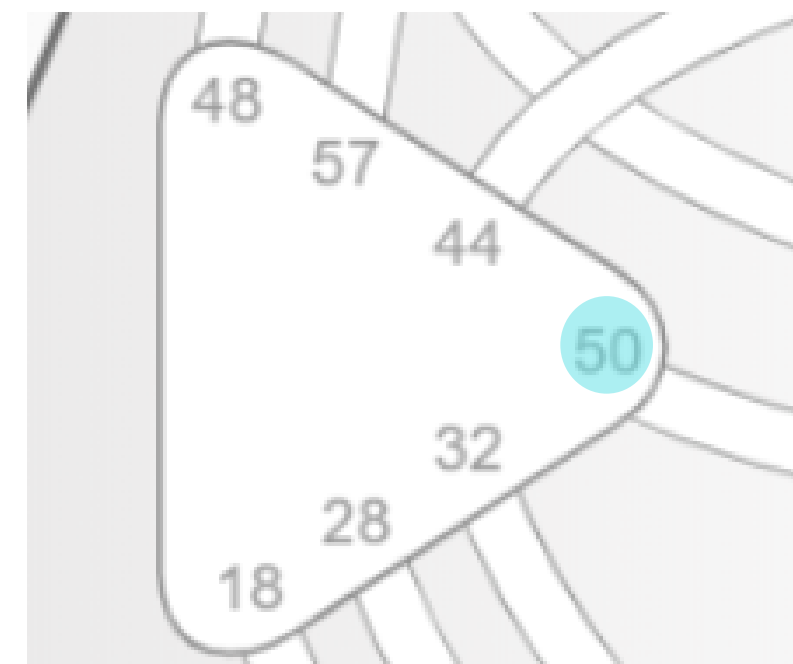
Fear of Responsibility

Awareness to be responsible for the preservation of others or not. Fear of taking on the responsibility or taking on too much responsibility due to fear.

GATE 50 - THE CAULDRON

The Gate of Values

Each act of intimacy that results in a birth demands that the offspring of the union be nurtured into adulthood. Gate 50's mystical name is the Guardian. As the Tribal lawmaker, it establishes what is right or wrong. This is how and where the rules for caring become the source of moral conditioning for our children.



At the core of the Tribe's defenses lies the Spleen's fear-driven mandate to maintain its own viability by protecting and guiding its young. You are one who is here to guard the values and integrity of Tribal law, and the structures that uphold the well-being of the community.

Based on the specific line (see below), your task is to be cognizant of which values, laws or rules safeguard how the Tribe cares for its own.

Line 1 - The Immigrant

Line 4 - Corruption

Line 2 - Determination

Line 5 - Consistency

Line 3 - Adaptability

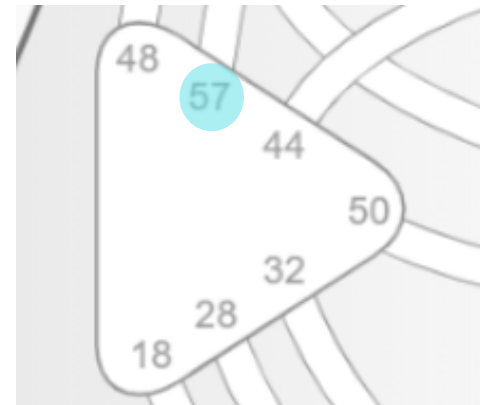
Line 6 - Leadership

Your instinctual awareness scrutinizes which are corrupt or unjust, unnecessary or self-serving, or need to be challenged and changed. This is your way of caring for and nurturing every aspect of life within the Tribe.

Without Gate 27, you may try to physically take care of others when it is not correct for you to do so, thus fulfilling your fear of taking on responsibility that you aren't equipped to handle.

SPLEEN FEAR GATES

Gate 57 - Gate of Intuition



Fear of the Future

Awareness to hear truth in the now or not.
Fear of what the future will bring so you hold back.

GATE 57 - THE GENTLE

The Gate of Intuitive Insight. The extraordinary power of clarity.

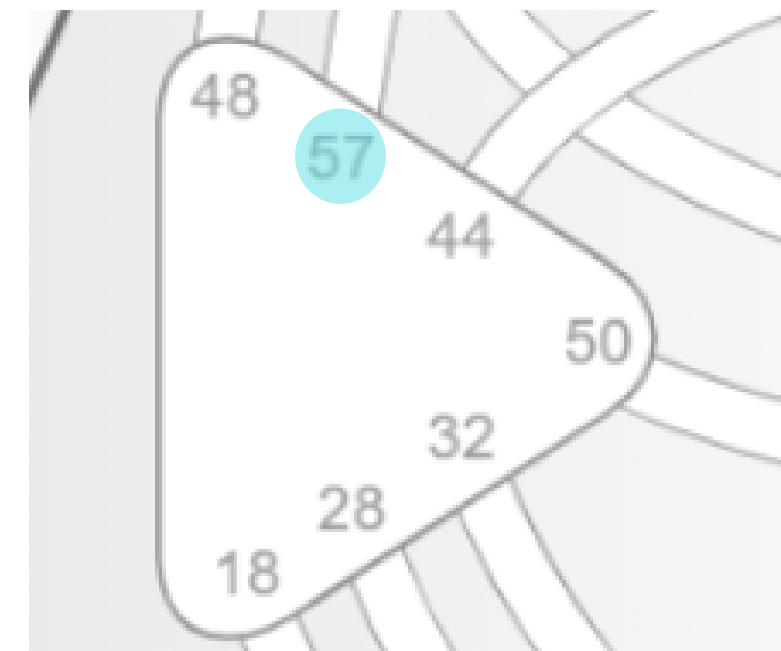
With its clarity of intuitive insight, Gate 57 has the capacity to penetrate to one's core in the now. You have a deep inner attunement to sound that is constantly alert to the vibrations coming from your physical, emotional and psychic environments.

Moment by moment your intuition registers a sense of what is safe, healthy and good for you, and what is not. Gate 57 is the gate of the right ear. If you want to hear what someone is really saying to you, listen with your intuitively attuned right ear. This is the ability to hear in the Now. This hearing is an instinctive awareness consistently registering what is taking place around you, with the focus to protect your physical well-being and safety in the moment.

You must be alert and focused in the now to hear the messages from your Spleen, or the information you are getting for survival may be ignored. You may sometimes appear deaf to others, or be accused of selectively hearing what they have to say, but your intuition is your only guide in determining what the perfect behavior is that will ensure your well-being.

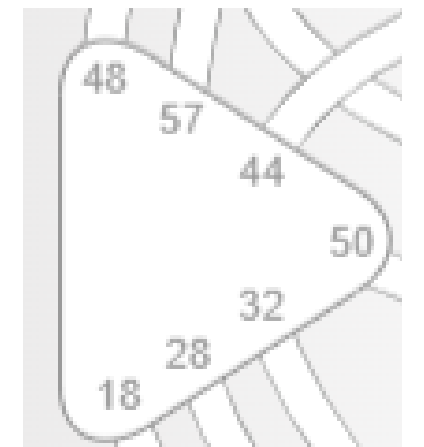
The only way you will alleviate your fears for the future is to pay close attention to your instinctual hunches, to that little voice that only speaks once and softly, and act on those hunches immediately.

When you are listening and paying attention to your intuition now, there is no tomorrow to fear.



SPLEEN FEAR GATES

Look for the gates that are activated in your chart.



Gate 48 - Gate of Depth

Fear of Inadequacy

Awareness of a potential solution or not. Fear that you don't have enough depth, seeking depth to resolve fear.

Gate 57 - Gate of Intuition

Fear of the Future

Awareness to hear truth in the now or not. Fear of what the future will bring so you hold back.

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Fear of the Past

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Gate 28 - Gate of the Game Player

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Gate 18 - Gate of Correction

Fear of Authority

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SOLAR PLEXUS CENTER

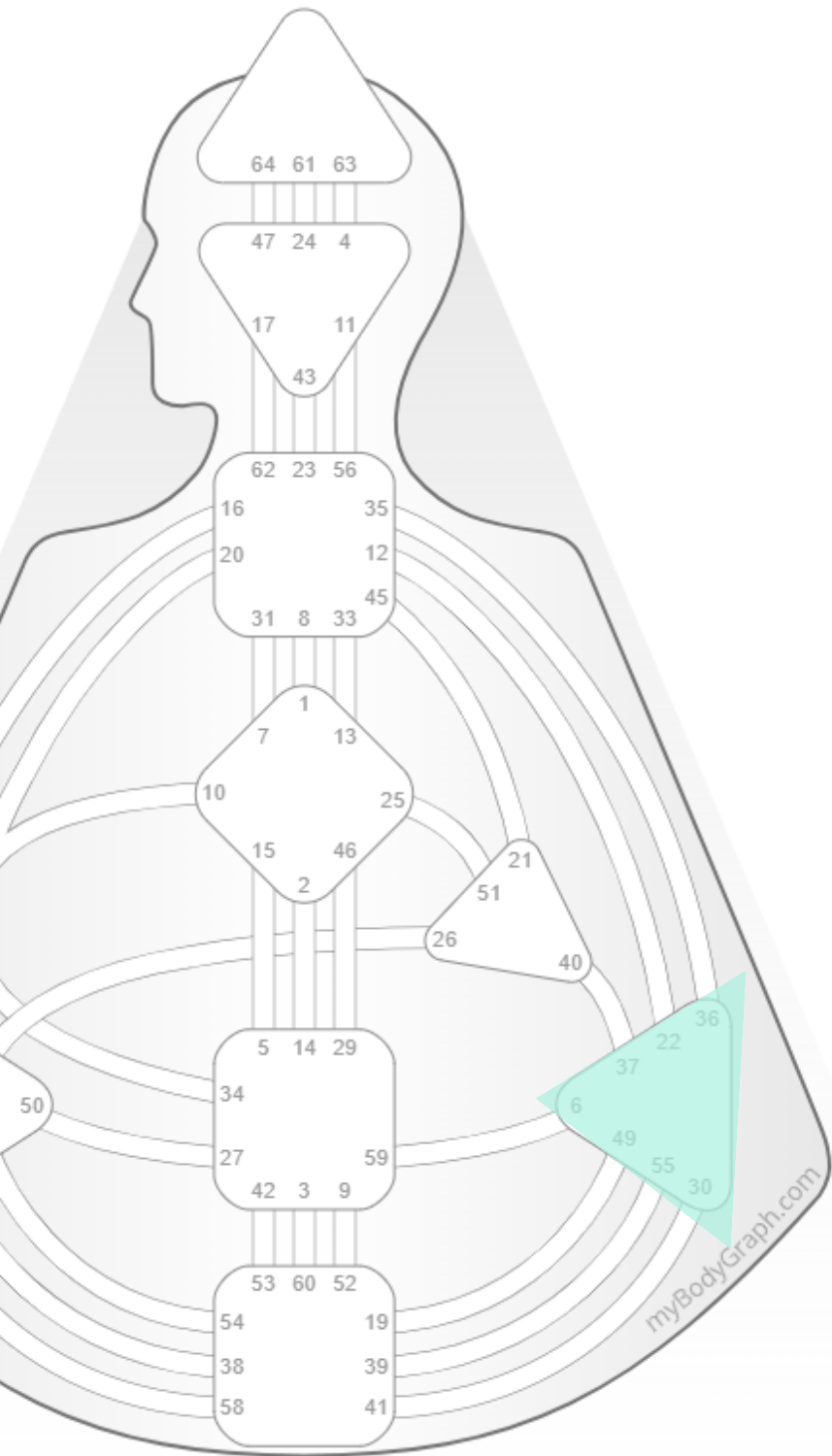
Solar Plexus - Emotional and Spiritual Awareness, Feelings, Moods, Sensitivity,
Passion and Desire

53% of the population is Defined, 47% of the population is Undefined

The Solar Plexus Center is both a motor and an awareness center. It governs emotions and operates on a biochemical, oscillating wave over time. The Solar Plexus provides the potent energy driving the cyclical nature of human experience.

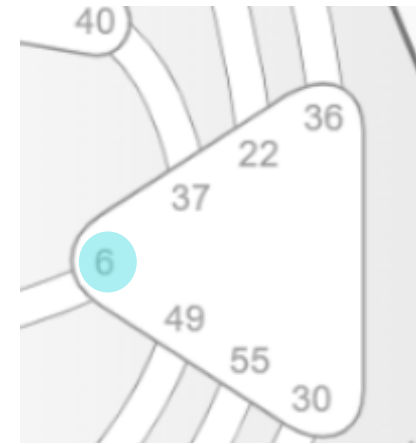
Biologically, the Solar Plexus Center is associated with lungs, kidneys, pancreas, prostate gland and the nervous system.

Am I Trying To Avoid Confrontation and Truth?



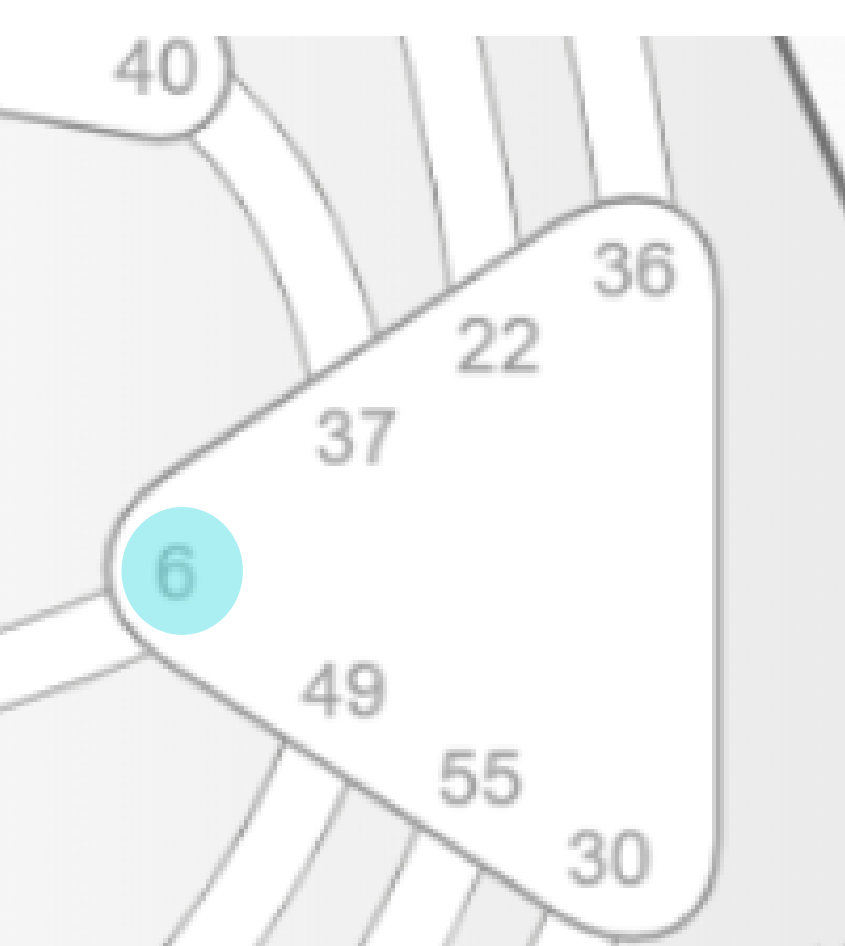
SOLAR PLEXUS FEAR GATES

Gate 6 - Gate of Friction



Fear of Intimacy

Is a kind of diaphragm that generates a wave by either opening or closing to intimacy.
Fear of revealing who you really are.



GATE 6 - CONFLICT

The Gate of Friction

Gate 6 in the Solar Plexus Center generates all three modes of emotional awareness: feelings, moods and sensitivity. This is a powerful motorized combination on a wave that is designed to create friction. This friction produces the heat essential for growth, and fertility, and is aimed at Gate 59.

The friction you create when you step into another person's aura is a mechanic. If (or when) the conflict is resolved, or resonance is reached, there is an opening and intimacy can proceed. Until there

is such an opening, you must wait, as readiness and fertility are both subject to the emotional wave.

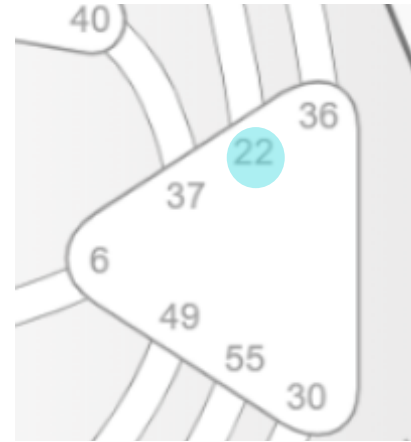
Gate 6 is a kind of diaphragm that is either open to intimacy or it is closed. It establishes and maintains the boundary between what is outside and what is inside your body. In this way it determines who to be intimate, when and the bonding role you will play.

Each time you feel drawn toward intimacy, let your Strategy and Authority be your guides.

Each gate in the Solar Plexus carries a fear. The fear associated with Gate 6 is the fear of intimacy, which is why Gate 6 looks to Gate 59 with its ability to break down the barriers to intimacy.

SOLAR PLEXUS FEAR GATES

Gate 22 - Gate of Openness



Fear of Silence

Is open to listening - when in the mood.

Fear that no one will listen to you or there is nothing worthwhile to listen to.

GATE 22 - GRACE

The Gate of Openness - A quality of behavior best suited in handling mundane and trivial situations. Gate 22 combines the potential for emotional openness through listening, with a social grace and charm that is highly attractive to others, when it is in the right mood. When your mood changes, however, a dramatically different and sometimes antisocial side of you may emerge.

Your emotional awareness matures over time as you become comfortable with moving into your depth along the emotional wave. By allowing your depth to mellow with age in the company of your creative

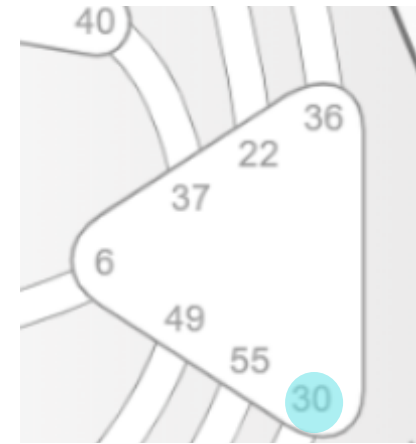
muse, you refine your timing and release your truth precisely when society is ready for it. Recognizing and acting on that timing is dependent on honoring your mood. Your openness, and your attentiveness to what is essential and new for others, are gifts of grace which even impact strangers.

You listen to others until they complete what they are saying, making what you have to say naturally come second. This is grace in action, as well as the key to your own empowerment. In fact, it is your responsibility and privilege to use your social listening skills in a way that makes change available to others. Honor your mood swings as your sociability can just as easily turn into anti-social behavior when you find yourself at the low end of your emotional wave.

Without Gate 12, you may know what you feel, but not how to express it verbally. Because silence makes you nervous, what you fear most is that there is nothing worthwhile to listen to.

SOLAR PLEXUS FEAR GATES

Gate 30 - Gate of Recognition of Feelings



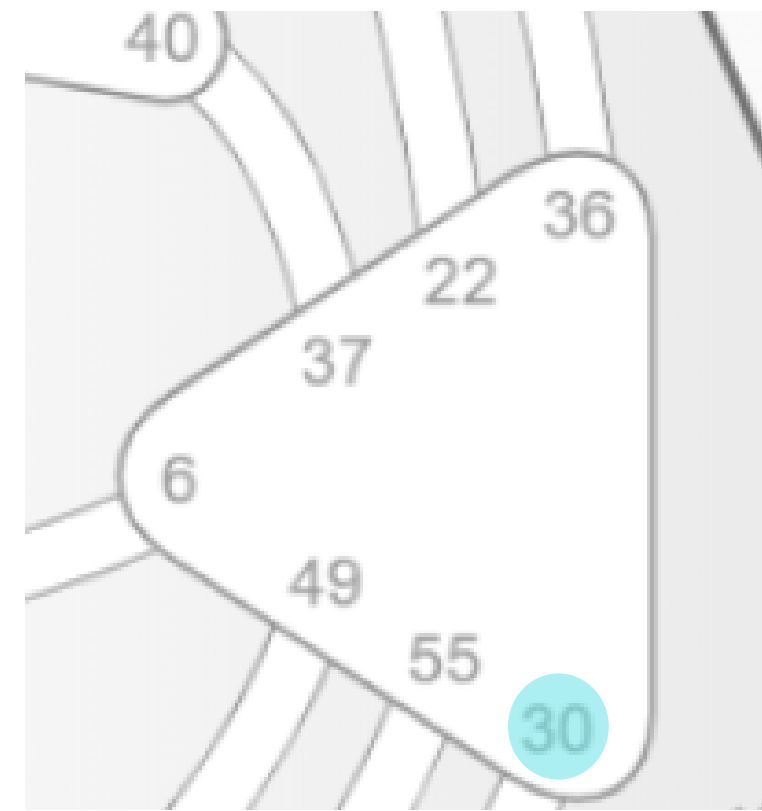
Fear of the Fates

Produces a very powerful wave fueled by desire to feel deeply.
Fear of what might or might not happen.

GATE 30 - THE CLINGING FIRE

The Gate of Feelings

People with this Gate have a deep need to generate feelings, a yearning to experience emotions. At the root of this desire, the often restless and even obsessive need for new experiences and a hanger for change. This is also called the "Gate of Fates," because we are driven to fulfill our desires and find our destiny. The Gate of the Fates teaches us that life is not what we expect it to be - it is what we allow it to be.



Your experiences are conceived from a desire that then meets life on the highs and lows of your emotional wave. This desire can feel like an obsessive hunger that weaves the yearnings of different lives together, influencing your every interaction until it is satisfied or fulfilled.

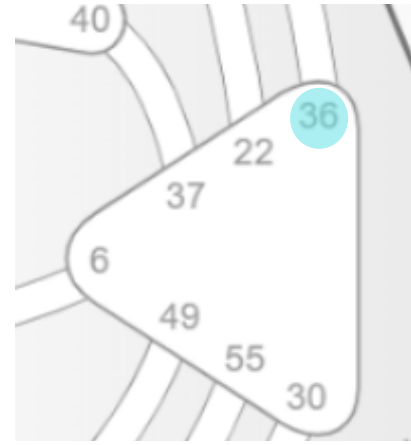
The only control you have is over the clarity with which you enter into each experience, not over the outcome. Because desire can only be temporarily assuaged, life without clarity becomes a wild emotional ride. Over time, you see that the freedom to fulfill your wildest dreams is merely an illusion, and unreciprocated desire should not be taken personally.

Balance in life comes through surrender, through accepting what is. In doing so, you need not fear the fates or feel pressured to chase after the fantasies of Gate 41.

By accepting your limitation, or place in the larger pattern of life, your reflections on feeling and desiring deeply while experiencing your humanness become a gift to be shared with others.

SOLAR PLEXUS FEAR GATES

Gate 36 - Gate of Crisis



Fear of Inadequacy

Is driven by the hunger to have the challenge of a new experience now.

Fear of sexual/emotional inadequacy.

GATE 36 - THE DARKNESS OF THE LIGHT

The Gate of Crisis

Gate 36 is the place where your fears of vulnerability and inexperience (emotional and sexual) are resolved or transformed into experience; where you create and meet the challenges of change and growth through emotional crises. As you gain emotional clarity over time, you learn how to handle emotional crises created by others, and you create less of them yourself.

Gate 36 restrains the strong hope-to-pain wave that drives human experience toward change. Its energy is aimed directly at the Throat Center which means that the full range and depth of your emotions are

being readied for manifestation.

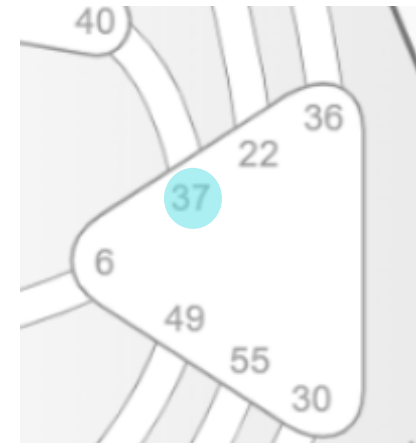
All that is needed is someone or something to trigger their release. without Gate 35 to provide a proper outlet or give a focused direction to this energy, it can be experienced as a personal crisis.

You learn over time to remain steady by patiently adapting to constantly changing feelings. These feelings can prove to be wonderfully stimulating and natural for you to express, or overwhelming to you and uncomfortable for others. Either way, let them unfold as this is how you reach for your emotional depth in order to access your own truth.

Without Gate 35, feeling inadequate and unable to fulfill your own expectations makes you nervou

SOLAR PLEXUS FEAR GATES

Gate 37 - Gate of Family



Fear of Tradition

Generate the bargain based on principles of the Tribe.
Fear that you will have to take on traditional roles in life.

GATE 37 - THE FAMILY

The Gate of Friendship

Gate 37 is the most communal Gate in the BodyGraph. When your power is recognized by others, you can hold both a family and a community together with your warmth, friendliness and nurturing nature. You have an ability to make an emotional connection with others through touch, and an uncommon sensitivity which senses their accessibility or openness to you.

People will want you to be their organizations representative, and to welcome the newcomer or stranger. It is an offer that you might happily agree to if the bargain, or what you receive in return, is sufficient and clearly agreed upon by all parties.

Gate 37 is the gate of the mouth so the planning, gathering and preparing of food often play a central role in all you family and community gatherings.

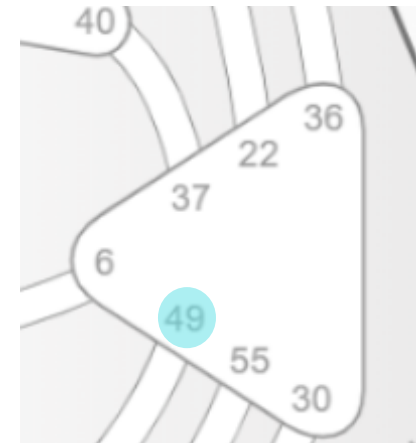
In the bargain between Gates 37 and 40, Gate 40 is the willing provider and you are the distributor of its assets and skills.

Without Gate 40, you are looking for those who can deliver the resources needed by the community so that you have someone to bargain with, and something to distribute.

What you fear most is getting trapped in or having to live up to the traditional Tribal roles.

SOLAR PLEXUS FEAR GATES

Gate 49 - Gate of Revolution



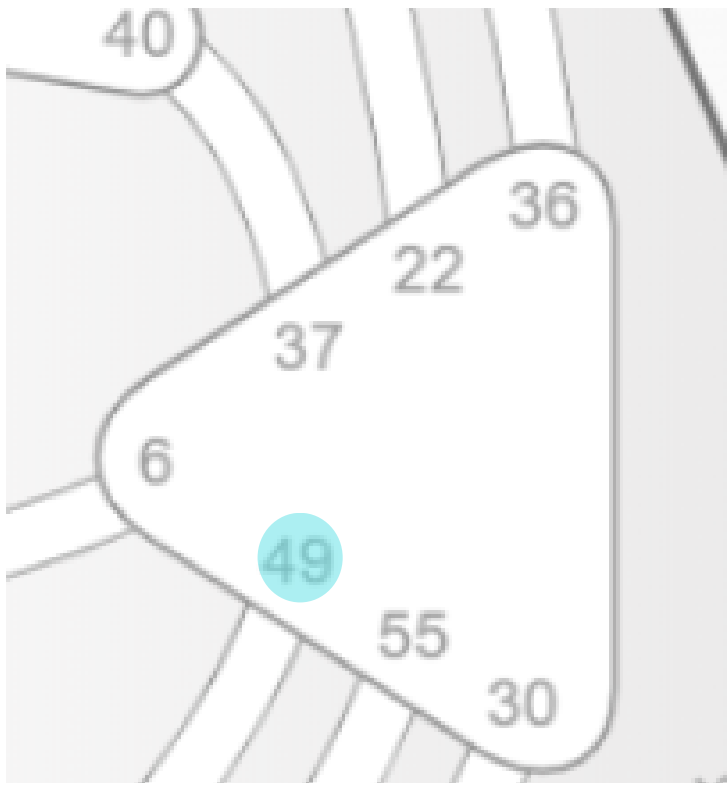
Fear of Nature

Is a wave that either accepts or rejects principles based on the needs of the tribe.
Fear of rejection, unpredictability and consequences.

GATE 49 - REVOLUTION

The Gate of Principles

The principles of acceptance and rejection, marriage and divorce, and ultimately revolution, are the direct result of living with Tribal hierarchies influenced by the emotional wave. Because Gate 49 places you at the top of one of these hierarchies, you feel a need to be obeyed. This translates into you exerting the power to accept or reject a person, or their request for access to your resources, or their appeal to initiate a revolution on their own or someone else's behalf.



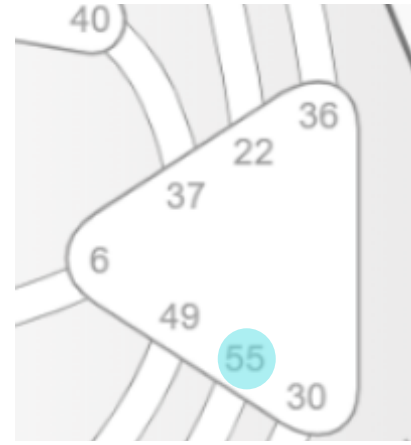
Your sensitivity or insensitivity towards other people (and animals), and their specific needs, is based on a resonance with your own principles. In other words, the people you accept into your circles are those willing to stand by you and support your principles; the rest you will be inclined to reject.

Yours is a social agenda for change and reformation. It is particularly focused on food and food distribution; people who have enough to eat don't need to go to war. Revolution is either avoided by filling needs, or entered into as a necessary evil and last resort.

You might be the one whose acceptance or rejection influences which road is taken to satisfy the needy party. The things that make you nervous are the fear of rejection and the consequences of unpredictability.

SOLAR PLEXUS FEAR GATES

Gate 55 - Gate of the Spirit



Fear of Emptiness

A melancholy that is personal.

Fear of not having anything to be passionate about.

GATE 55 - ABUNDANCE

The Gate of Spirit

Awareness of spirit is not a concept (Ajna) or instinct (Spleen) - it is an emotion (Solar Plexus).

Abundance is a function of spirit; it is how you perceive what you are feeling, and the mood you are experiencing in the moment. The 55th Gate is susceptible to the melancholic chemistry of the emotional wave, which is constantly moving through cycles of hope to pain.

One moment your cup feels half empty and the next it feels half full. Your moods determine what is correct for you and when. If you are not in the mood to eat, work, make love, be sociable or create, it is not healthy for you to do so. When you feel like being alone, don't attempt to explain or excuse yourself; simply honor the mood and embrace being in the moment with your own creative inner self.

Your most creative time is when you feel deeply melancholic. A thoughtful word to those around you when you are simply not in the mood to be social will help them to not personalize the emotional energy that they are feeling from you.

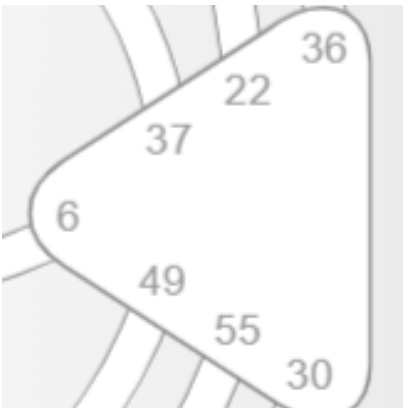
You are open to people with Gate 39 provoking you so that you can perceive your spirit, and your moods, for yourself. At any given point in your wave, how your spirit feels and emotes is not open to comparison, debate or influence by others.

Spirit awareness arises out of the wonder that the cup exists at all.

What you fear most is emotional emptiness or a lack of passion in life.

SOLAR PLEXUS FEAR GATES

Look for the gates that are activated in your chart.



Gate 37 - Gate of Family

Fear of Tradition

Generate the bargain based on principles of the Tribe. Fear that you will have to take on traditional roles in life.

Gate 6 - Gate of Friction

Fear of the Intimacy

Is a kind of diaphragm that generates a wave by either opening or closing to intimacy. Fear of revealing who you really are.

Gate 49 - Gate of Revolution

Fear of Nature

Is a wave that either accepts or rejects principles based on the needs of the tribe. Fear of rejection, unpredictability and consequences.

Gate 22 - Gate of Openness

Fear of Silence

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Gate 55 - Gate of the Spirit

Fear of Emptiness

A melancholy that is personal. Fear of not having anything to be passionate about.

Gate 36 - Gate of Crisis

Fear of Inadequacy

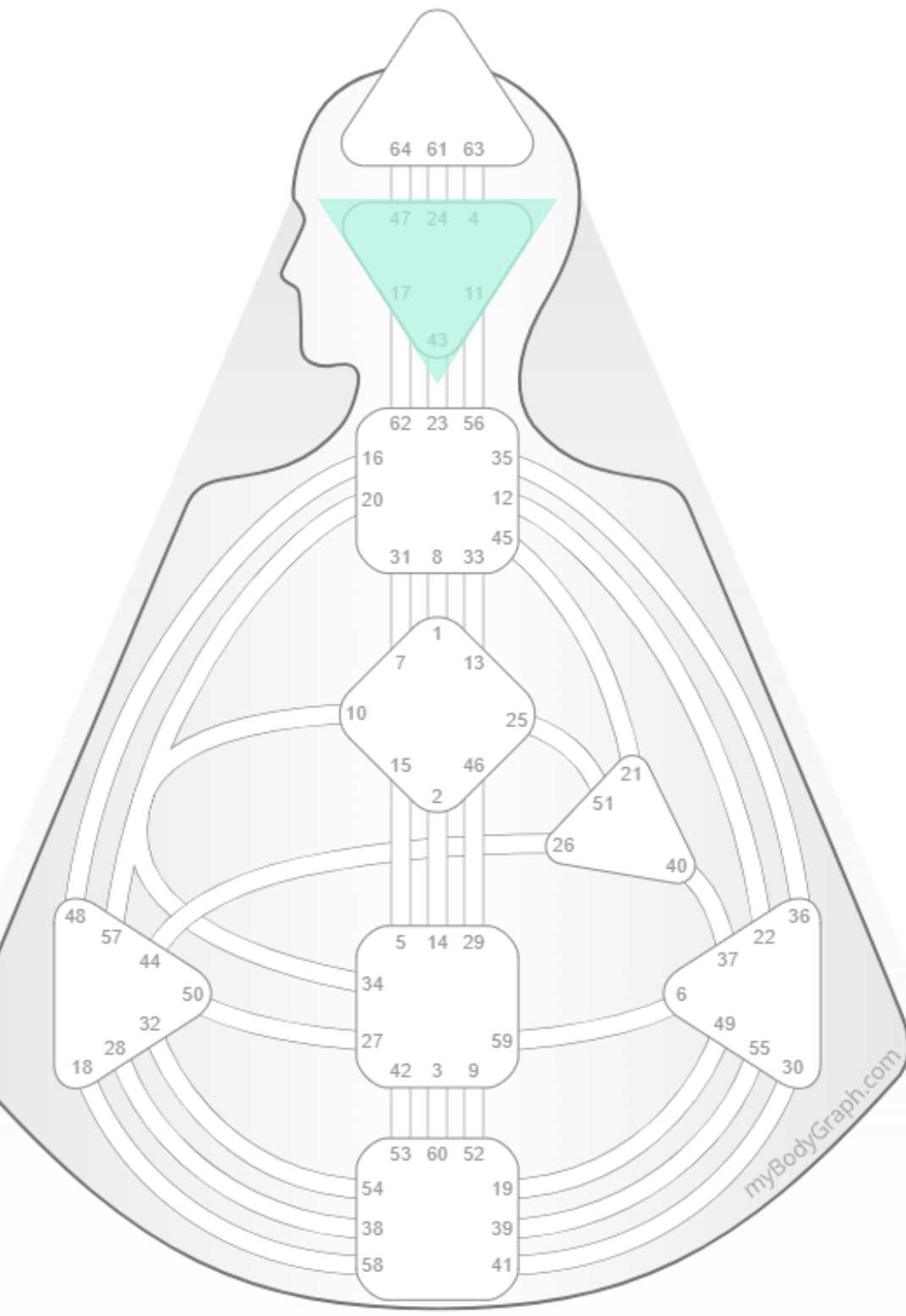
Is driven by the hunger to have the challenge of a new experience now. Fear of sexual/emotional inadequacy.

Gate 30 - Gate of Recognition of Feelings

Fear of the Fates

Produces a very powerful wave fueled by desire to feel deeply. The fear of what might or might not happen.

AJNA CENTER



Ajna - Mental Consciousness, Conceptualizing, Interpreting, Opinions, Theories

47% of the population is Defined, 53% of the population is Undefined

The Head and the Ajna Centers function together as the mind. The Ajna is a processing hub, transforming the pressure of inspiration from the Head, into useful information for review, research and communication.

Biologically, the Ajna Center is associated with the neocortex, the visual cortex and the pituitary glands.

Am I Trying To Convince Everyone That I'm Certain?

AJNA FEAR GATES

Gate 4 - Gate of Formulization



Fear of Chaos

Mental Anxiety that you will never find order in your life and that you will always be in chaos; the need to find and give answers.

GATE 4 - YOUTHFUL FOLLY

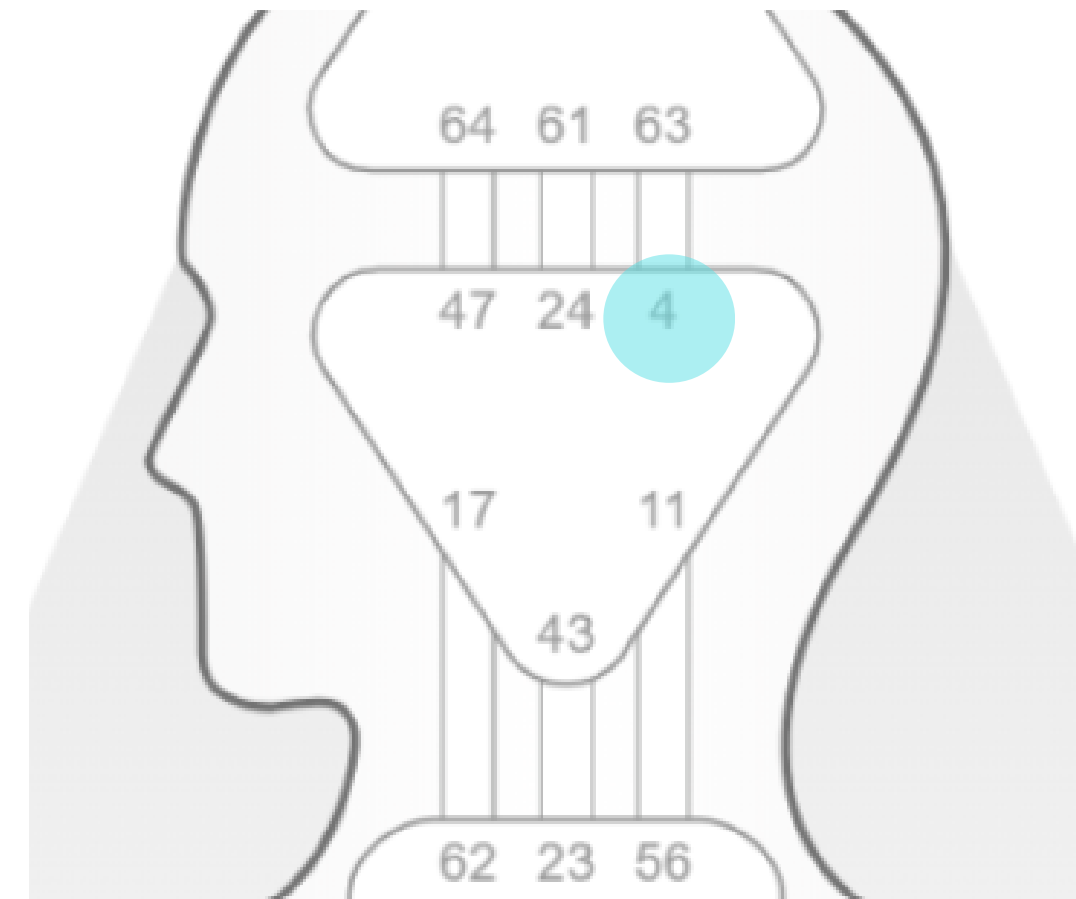
The Gate of Formulization (Answers)

Gate 4 applies mental awareness to questions fueled by doubt about the future; it formulates logic's answers. Each answer, each formula, is only a potential which must eventually be tested and substantiated by facts. That means that your answers may be the ones people seek, and they may not be.

You need to understand things, and generally look to find answers to the questions you have about life's processes. At the root of this lie doubts about the future, and the need to formulate answers that can potentially create patterns that support us in moving toward a secure future, and thereby alleviate anxiety created by mental projections.

You use your mental intelligence and mental awareness to judge what looks suspicious. The pressure of a doubt or suspicion can last a lifetime, however, and you need to rely on your Authority to guide you to the correct question(s) on which to concentrate your energies while you wait for the right timing to share your answers. Ultimately, the answers you formulate are designed to be applied to questions that come from people around you. Rarely if ever can you formulate answers that provide solutions to your own questions about life. Understanding and accepting this truth can bring the comfort of letting answers come and go in your mind, until the time is right for one to be brought to the surface by being asked to share it for the benefit of others.

If you do not have Gate 63, you may either spend a lot of time looking for the next inspirational question you can answer, or become anxious that your life will always be in chaos.



AJNA FEAR GATES

Gate 11 - Gate of Ideas



Fear of Darkness

Mental Anxiety of not having a new idea and that there won't be anything stimulating to think about or learn; anxiety about sharing or manifesting your ideas.

GATE 11 - PEACE

The Gate of Ideas

This Gate is about exploring ideas, and the need to be stimulated through ideas that can be shared with others. Ideas are concepts designed to express what has been sensed. In Gate 11, possibilities are conceptualized into ideas. These ideas are not prescriptions for action because ideas come and go. At this point in the abstract process, you are given a quiet moment for assessment to sort out what has been remembered over the ups and downs of the experiential process.

You look to make sense of the past, and depending on the way you remember. You are prone to remembering what you really liked about what you saw, while leaving the rest out. This is how ideas become ideals, then beliefs and finally belief systems over time.

You seek the ideas of others to stimulate your own reflections, and you enjoy stimulating others with your ideas, but not indiscriminately. Ideas reach the Throat Center as verbal expressions, not as manifestations of action, and they are designed simply to be reflected upon.

Trying to solve your life's dilemmas with your own ideas will lead to frustration, further crises and confusion. You can take great delight, however, in savoring the stimulating details of past moments for their own sake.

Without Gate 56 you are under pressure to tell your stories, and may do so impulsively without waiting for the right timing.



AJNA FEAR GATES

Gate 17 - Gate of Opinions



Fear of Challenge

Fear that your opinions will be challenged so that you won't share them; the need to have the details to back up the opinions.

GATE 17 - FOLLOWING

The Gate of Opinions

Gate 17 looks for one concept or opinion among many that we can all trust - one that will survive both testing and criticism, and calm our fears about the future. Gate 17 is designed to structure an answer into a concept, a workable pattern or a possible solution in preparation for Gate 62's substantiating details.



Up to this point in the logic process, your mind has taken a doubt about the future, formulated a potential solution, and now feels pressured to express it as an opinion. What it needs next is Gate 62's ability to translate the concept into language, to support it with facts and details, and present it to the public for their examination and analyses.

Your right eye takes in the world at a glance, seeing it as a collection of recognizable, visual patterns. If a pattern or an opinion cannot stand up to logic's scrutiny, it will be or should be rejected.

Unfortunately, you cannot always translate your visual image or what you understand about it, into language. Without Gate 62, you will find yourself looking for a name to represent concepts, for facts to support your opinions, and for an effective means to communicate your suggestions.

Mental anxiety for you arises out of the fear that no one will understand your value and your input.

AJNA FEAR GATES

Gate 24 - Gate of Rationalizing



Fear of Ignorance

Mental Anxiety that you will never know the answer, that inspiration will never come and that you won't be able to explain your knowing.

GATE 24 - THE RETURN

The Gate of Rationalization

Gate 24's function is to take the unique inspiration of Gate 61 and turn it into a rational concept which can eventually be communicated to others. It returns to the same territory over and over again, pondering a thought it considers inspiring, reviewing it until it can be brought into form. Your mind cannot act on the inspiration, however, or prove it logically or through past experience.



This is a natural and spontaneous process of transformation, mental renewal and unique knowing. One moment the knowing is not there and the next moment it is. To use your individual mind to your greatest advantage, give yourself time to return and review. This process can include watching or listening to something over and over again.

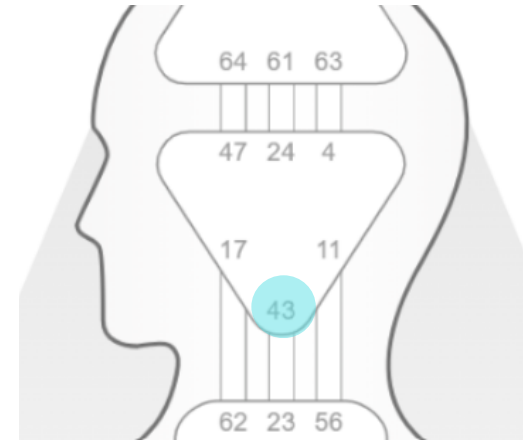
If you let your mind transform organically, without attempting to control it, the resolution will often appear on its own. You will hear it in a moment of silence, like those aha's that pop into your mind in the middle of the night.

Gate 24 is the fear of ignorance, which is the mental anxiety that you will never know for certain, or that you won't be able to explain your knowing. If you try to make decisions with your mind, you will trigger this anxiety.

Without Gate 61 you are under pressure to make not-self mental decisions to look for the next inspiring mystery to solve.

AJNA FEAR GATES

Gate 43 - Gate of Insight



Fear of Rejection

Mental Anxiety that your ideas are too weird and will be rejected; the need to make sense to others.

GATE 43 - BREAKTHROUGH

The Gate of Insight

Gate 43 is the gate of the inner ear and only listens to its own unique inner voice. It can spontaneously transform rational inner knowing into Individual insight and new perspectives. Your knowing is not backed up by facts, however, and it can take fortitude to stand behind and explain insights that seem freakish and completely outside of the Collective or Tribal norms. You have the capacity, when the timing is right to mentally mold a unique and mutative awareness into its final shape.



When fully conceptualized, your insights need to be invited down to Gate 23 in the Throat to bring the potential mutation, the possibility of a new perspective, out into the world. Nothing is more difficult for you than to listen to and really hear others. It's not your fault, nor a problem to be fixed, but simply your genetic protection from undue influence.

Gate 43 carries a fear of rejection. Without Gate 23, you may wonder how to clearly communicate your breakthrough insights. Mental anxiety arises when you fear that your ideas are too weird, and if you can't explain them you are vulnerable to the possibility of being rejected.

AJNA FEAR GATES

Gate 47 - Gate of Realizing

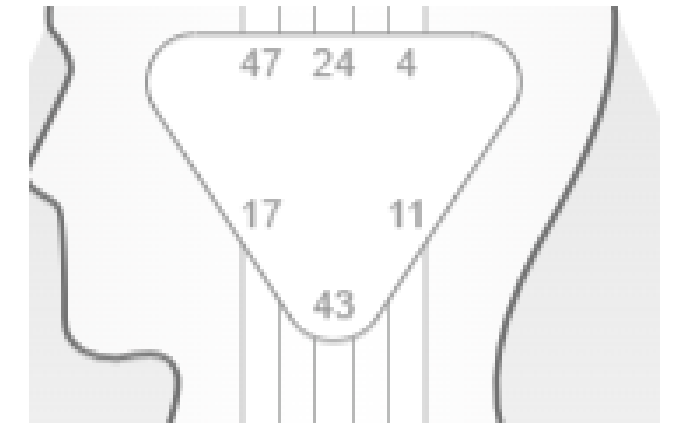


Fear of Futility

Mental Anxiety that life is oppressive and futile, that you can't make sense out of the confusion.

AJNA FEAR GATES

Look for the gates that are activated in your chart.



Gate 47 - Gate of Realizing
Fear of Futility

Mental Anxiety that life is oppressive and futile, that you can't make sense out of the confusion.

Gate 24 - Gate of Rationalizing
Fear of Ignorance

Mental Anxiety that you will never know the answer, that inspiration will never come and that you won't be able to explain your knowing.

Gate 4 - Gate of Formulization
Fear of Chaos

Mental Anxiety that you will never find order in your life and that you will always be in chaos; the need to find and give answers.

Gate 11 - Gate of Ideas
Fear of Darkness

Mental Anxiety of not having a new idea and that there won't be anything stimulating to think about or learn; anxiety about sharing or manifesting your ideas.

Gate 43 - Gate of Insight
Fear of Rejection

Mental Anxiety that your ideas are too weird and will be rejected; the need to make sense to others.

Gate 17 - Gate of Opinions
Fear of Challenge

Fear that your opinions will be challenged so that you won't share them; the need to have the details to back up the opinions.

GATE 47 - OPPRESSION

The Gate of Realization

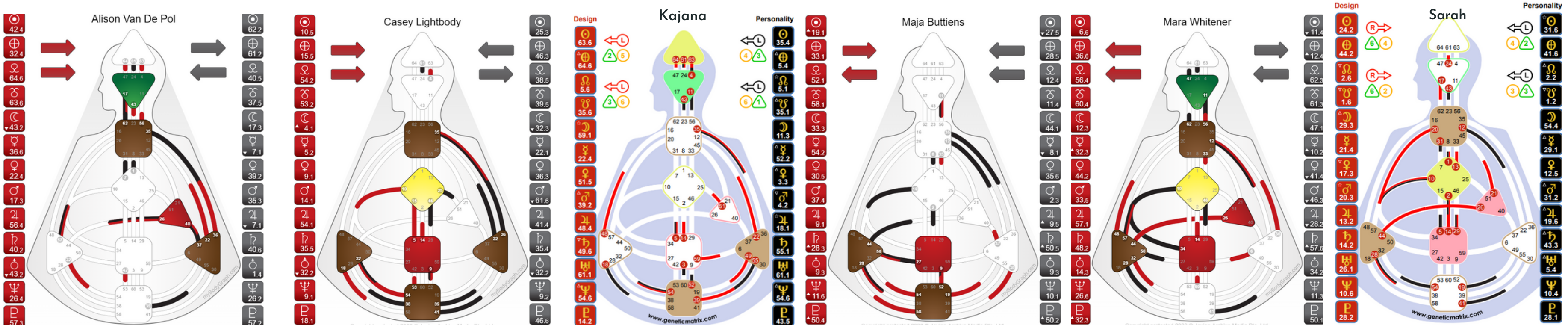
If Gate 64 is the one who remembers the disorganized collection of film clips that passes through its life, then Gate 47 is the editor who attempts to assemble them all into a meaningful slice of human experience. You will not see the full picture immediately as you tentatively start to sort through the collection of images, and it may not be apparent to you at first which clip holds the key to your eventual mental realization. As new details emerge, you may vacillate between perceiving the event this way or that way through a mix of recognitions that direct you toward different interpretations.



At first you may feel that rather than the process becoming easier, it is becoming more complicated for you to reassemble the mental sequences in a way that makes sense. If you can step back and trust, however, you will eventually cycle through to that "aha" moment.

The secret is to avoid the pressure to act on every conclusion that comes to you, and simply enjoy the array of possibilities that move through your active mind, until one stands out. You are then ready, when asked and it is correct for you, to share your recognitions with others.

Without Gate 64 you may put pressure on yourself, and forget to wait for the revelation that will truly bring the mental activity to a temporary halt.



Spleen

- Alison (U) - 32, 57
- Casey (D) - 18, 32
- Kajana (U) - 18, 48
- Maja (D) - 28, 44, 50
- Mara (D) - 28, 32, 44, 48, 50, 57
- Sarah (D) - 28, 44

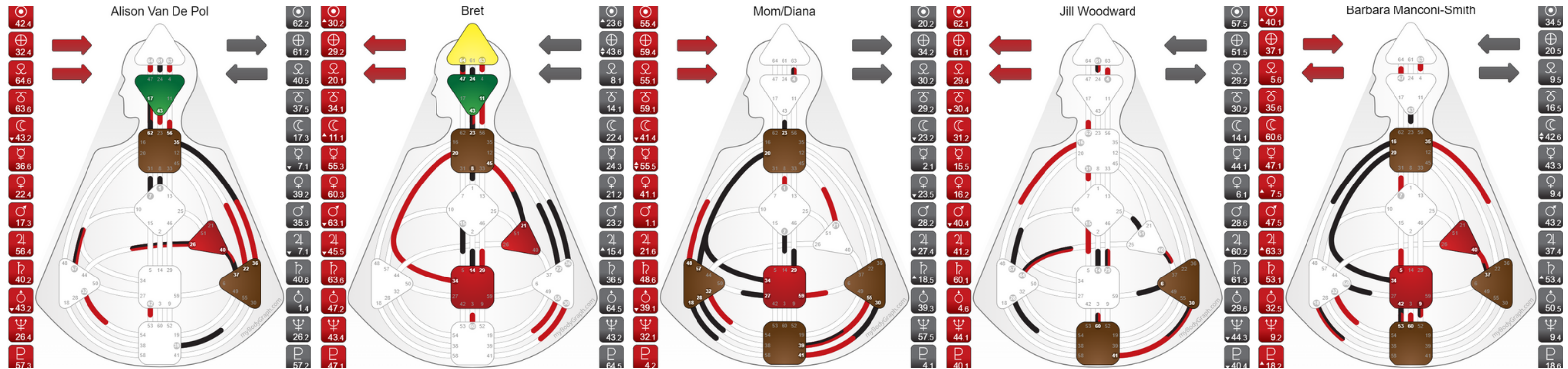
Solar Plexus

- Alison (D)- 22, 36, 37
- Casey (D)- 22, 36
- Kajana (D)- 22, 49, 55
- Maja (U)- 30, 37
- Mara (U)- 6, 36
- Sarah (U)- none

Ajna

- Alison (D)- 17, 43
- Casey (U)- 4
- Kajana (D)- 4, 11, 43
- Maja (U)- 11
- Mara (D)- 11, 47
- Sarah (U)- 17, 24, 43

ALISON'S PENTA - FEAR GATES



Spleen

- Alison (U) - 32, 57
- Bret (U)- none
- Diana (D)- 18, 28, 32, 48, 57
- Jill (U)- 28, 44, 57
- Barbara (U)- 18, 32, 50

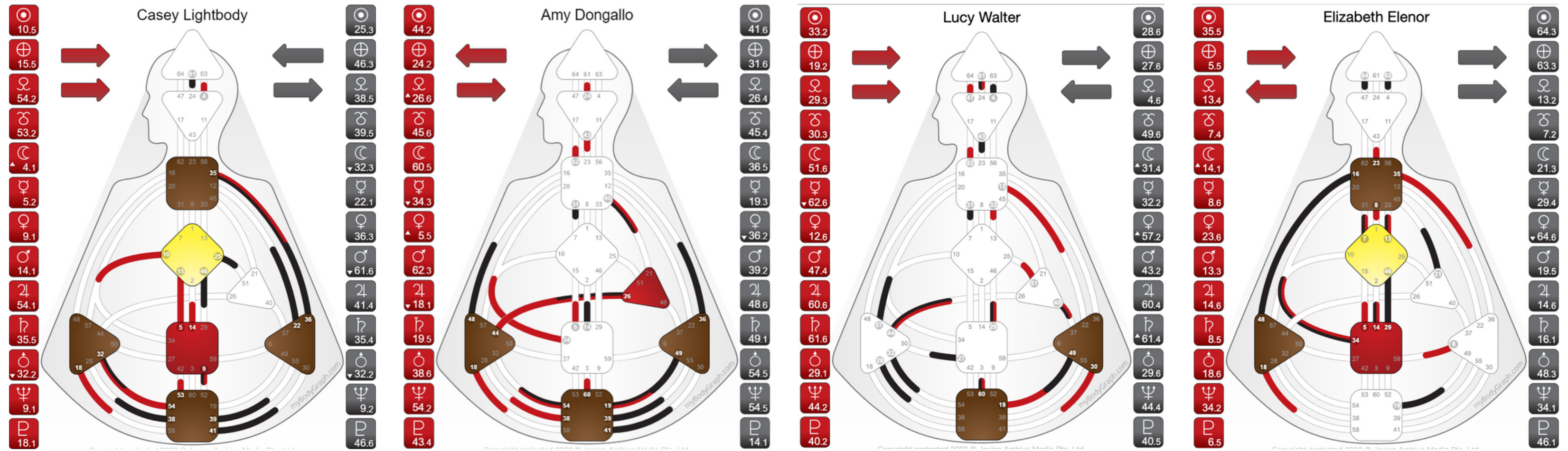
Solar Plexus

- Alison (D)- 22, 36, 37
- Bret (U)- 22, 36
- Diana (D)- 30,55
- Jill (D)- 6,30
- Barbara (D)- 37

Ajna

- Alison (D)- 17, 43
- Bret (D)- 11, 24, 43, 47
- Diana (U)- 4
- Jill (U)- 4
- Barbara (U)- 43, 47

CASEY'S PENTA - FEAR GATES



Spleen

- Casey (D) - 18, 32
- Amy(D)- 18, 44, 48
- Lucy (U)- 28, 32, 44, 57
- Elizabeth (D)- 18, 48

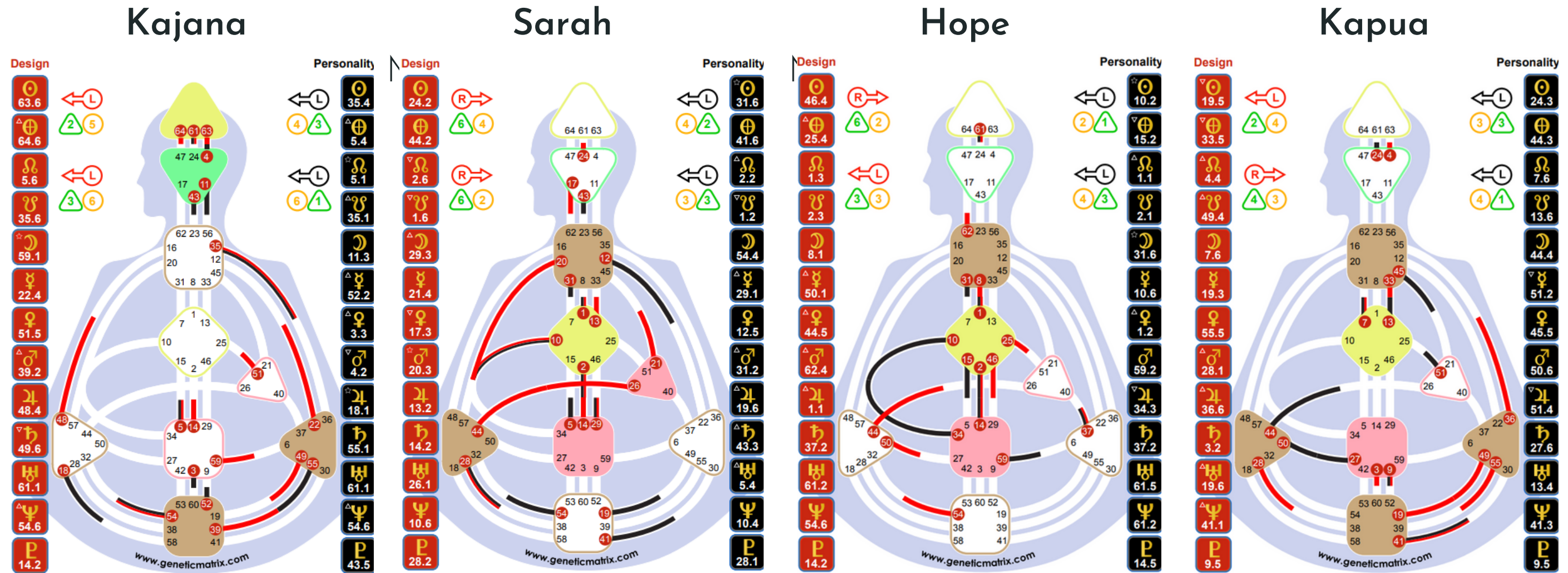
Solar Plexus

- Casey (D)- 22, 36
- Amy (D)- 36, 49
- Lucy (D)- 30, 49
- Elizabeth (U)- 6

Ajna

- Casey (U)- 4
- Amy (U)- 24, 43
- Lucy (U)- 4, 43, 47
- Elizabeth (U)- none

KAJANA'S PENTA - FEAR GATES



Spleen

- Kajana (U) - 18, 48
- Sarah (D)- 28, 48
- Hope (U)- 44,50
- Kapua (D)- 28, 44, 50

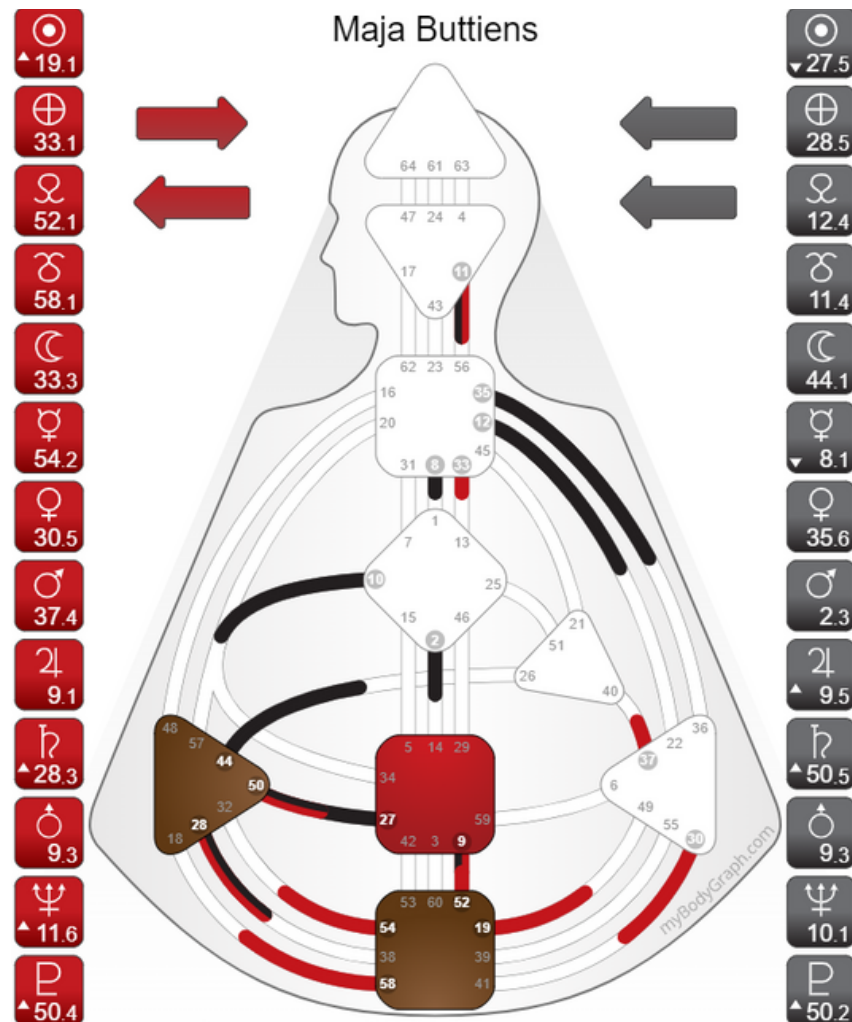
Solar Plexus

- Kajana (D)- 22, 49, 55
- Sarah (U)- none
- Hope (U)- 37
- Kapua (D)- 36, 49, 55

Ajna

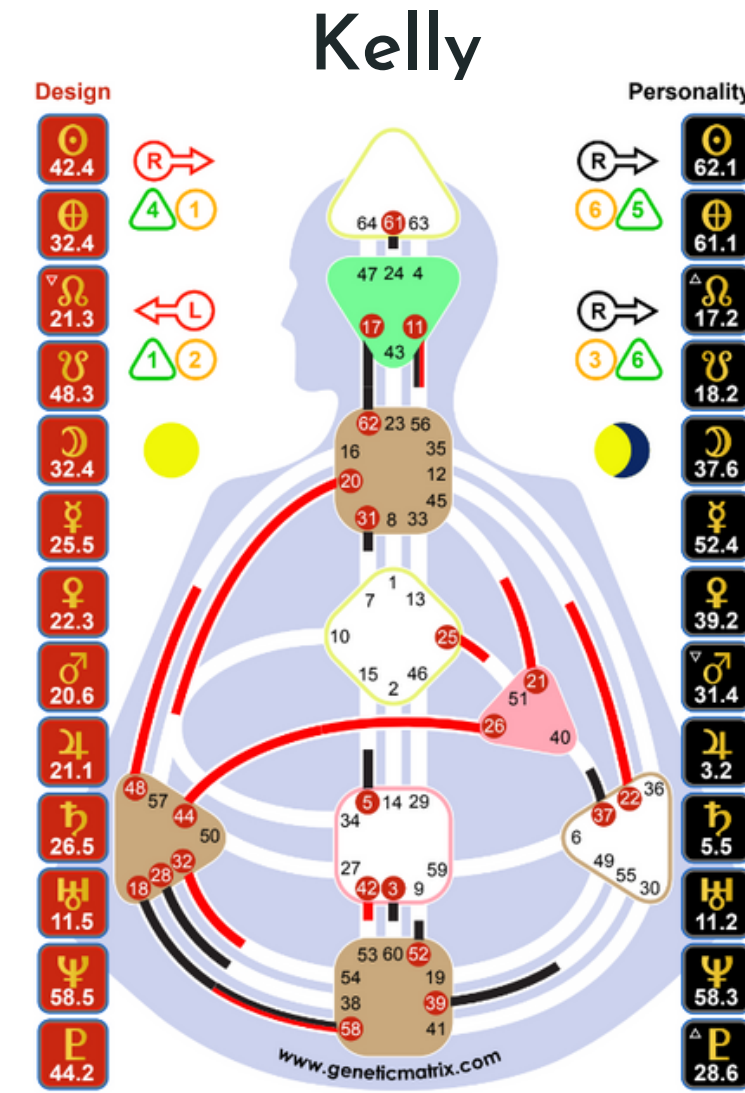
- Kajana (D)- 4, 11, 43
- Sarah (U)- 17, 24, 43
- Hope (U)- none
- Kapua (U)- 4, 24

MAJA'S PENTA - FEAR GATES



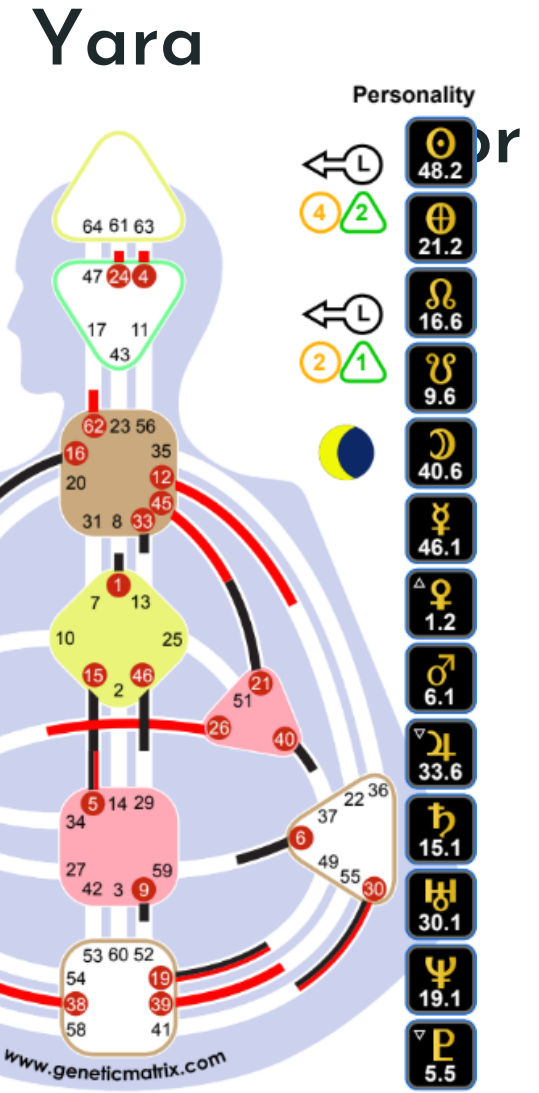
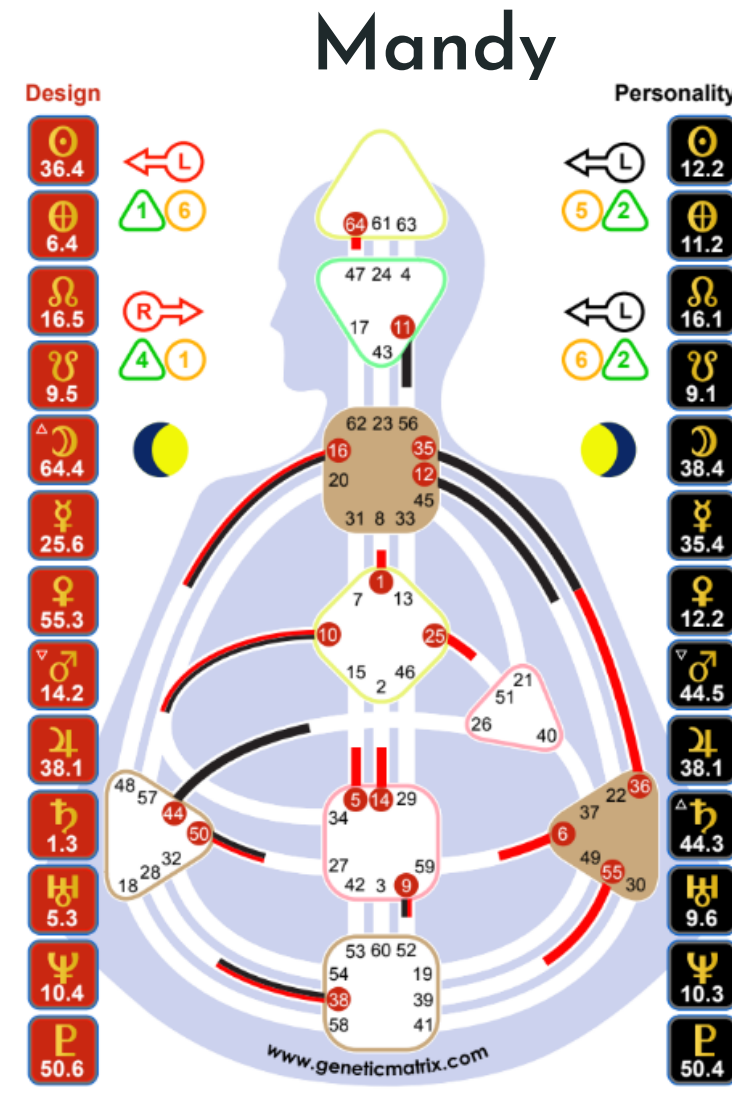
Spleen

- Maja (D) - 28, 44, 50
- Kelly (D)- 18, 28, 32, 44, 48
- Mandy (U)- 44, 50
- Yara (D)- 48



Solar Plexus

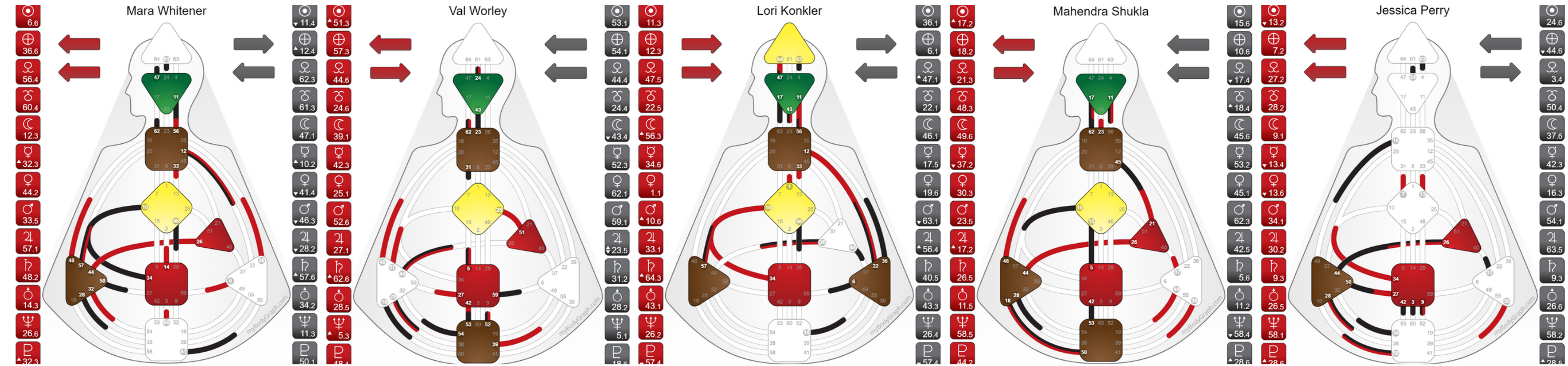
- Maja (U)- 30, 37
- Kelly (U)- 22, 37
- Mandy (D)- 6, 36, 55
- Yara (U)- 6, 30



Ajna

- Maja (U)- 11
- Kelly (U)- 11, 17
- Mandy (D)- 11
- Yara (U)- 4, 24

MARA'S PENTA - FEAR GATES



Spleen

- Mara (D) - 28, 32, 44, 48, 50, 57
- Val (U)- 18, 28, 44, 48, 57
- Lori (D)- 57
- Mahendra (D)- 18, 28, 44, 48
- Jessica (D)- 28, 44, 50

Solar Plexus

- Mara (U)- 6, 36
- Val (U)- none
- Lori (D)- 6, 22, 36
- Mahendra (U)- 30, 37, 49
- Jessica (U)- 30, 37

Ajna

- Mara (D)- 11, 47
- Val (D)- 24, 43
- Lori (D)- 11, 17, 43, 47
- Mahendra (D)- 11, 17
- Jessica (U)- 24

SARAH'S PENTA - FEAR GATES

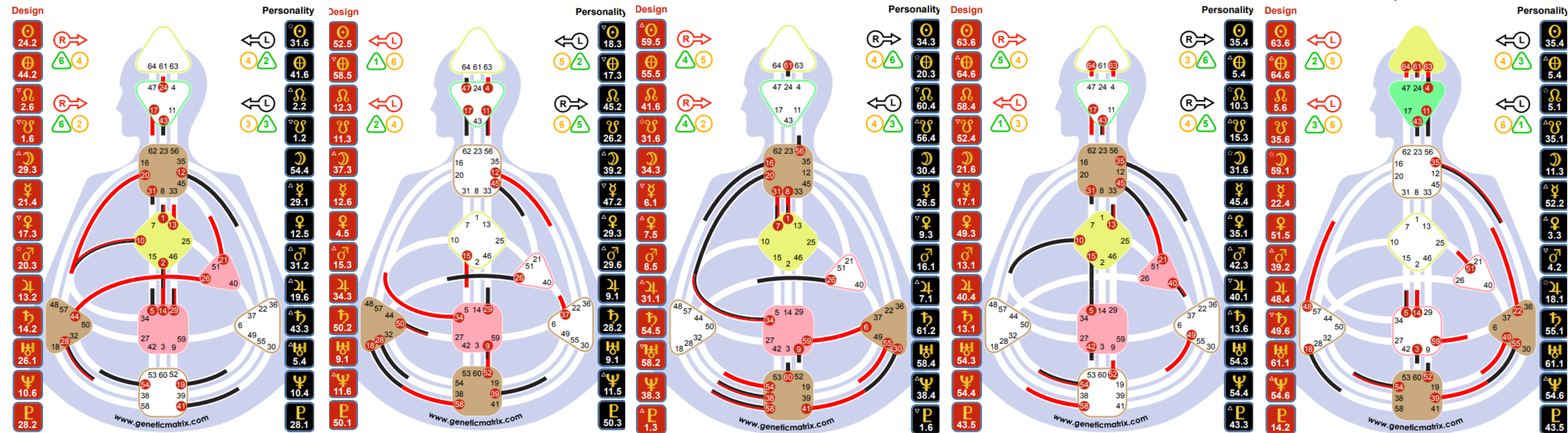
Sarah

Landen

Maki

Chasity

Kajana



Spleen

Sarah (D) - 28, 44
 Landen(D)- 18, 28, 50
 Maki (U)- none
 Chasity (U)- none
 Kajana (U)- 18, 48

Solar Plexus

Sarah (U)- none
 Landen (U)- 37
 Maki (D)- 6, 30, 55
 Chasity (U)- 49
 Kajana (D)- 22, 49, 55

Ajna

Sarah (U)- 17, 24, 43
 Landen (U)- 4, 11, 17, 47
 Maki (U)- none
 Chasity (U)- 17, 43
 Kajana (D)- 4, 11, 43

ASSIGNMENT - MODULE 7

1. How can you best support each Team Members' Fear Gates?



