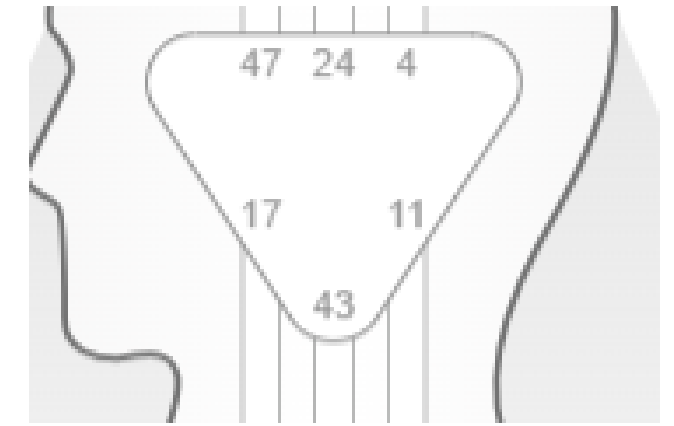


# AJNA FEAR GATES

Look for the gates that are activated in your chart.



**Gate 47 - Gate of Realizing**  
Fear of Futility

Mental Anxiety that life is oppressive and futile, that you can't make sense out of the confusion

**Gate 24 - Gate of Rationalizing**  
Fear of Ignorance

Mental Anxiety that you will never know the answer, that inspiration will never come and that you won't be able to explain your knowing

**Gate 4 - Gate of Formulization**  
Fear of Chaos

Mental Anxiety that you will never find order in your life and that you will always be in chaos; the need to find and give answers.

**Gate 11 - Gate of Ideas**  
Fear of Darkness

Mental Anxiety of not having a new idea and that there won't be anything stimulating to think about or learn; anxiety about sharing or manifesting your ideas.

**Gate 43 - Gate of Insight**  
Fear of Rejection

Mental Anxiety that your ideas are too weird and will be rejected; the need to make sense to others.

**Gate 17 - Gate of Opinions**  
Fear of Challenge

Fear that your opinions will be challenged so that you won't share them; the need to have the details to back up the opinions.

# GATE 4 - YOUTHFUL FOLLY

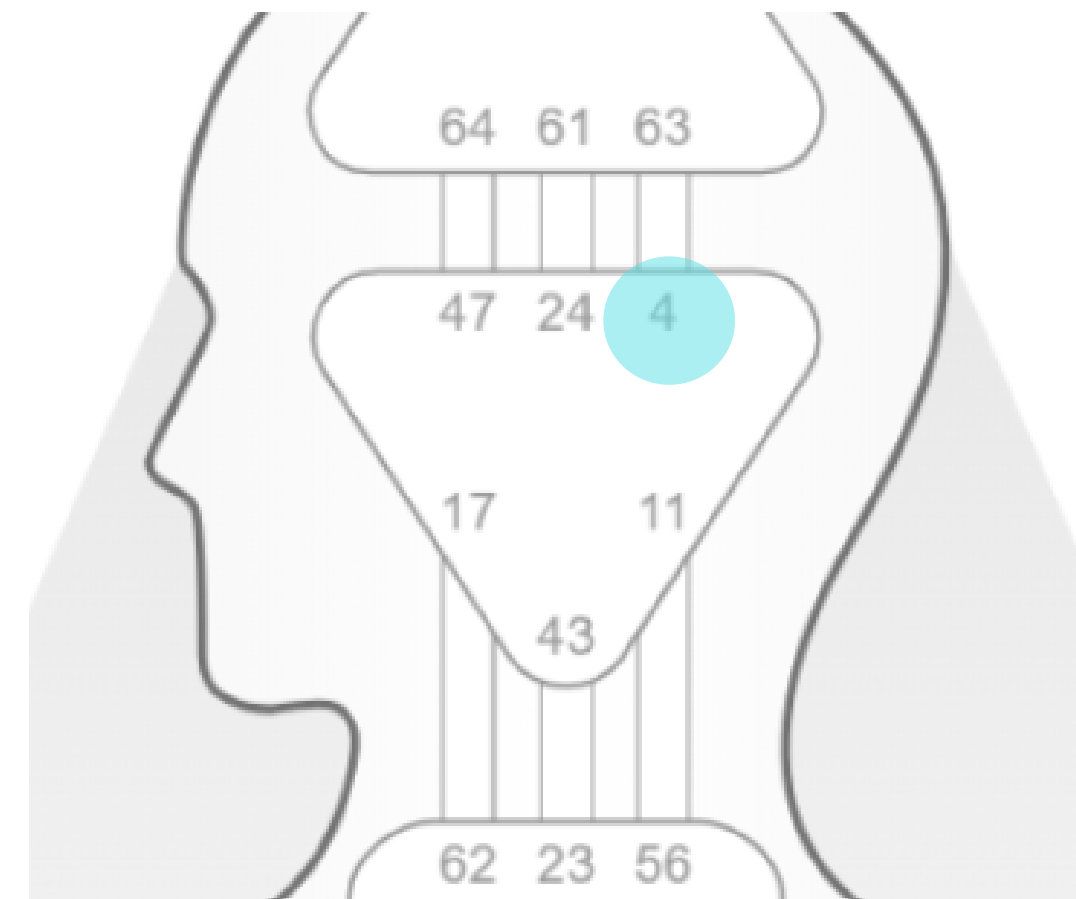
The Gate of Formulization (Answers)

Gate 4 applies mental awareness to questions fueled by doubt about the future; it formulates logic's answers. Each answer, each formula, is only a potential which must eventually be tested and substantiated by facts. That means that your answers may be the ones people seek, and they may not be.

You need to understand things, and generally look to find answers to the questions you have about life's processes. At the root of this lie doubts about the future, and the need to formulate answers that can potentially create patterns that support us in moving toward a secure future, and thereby alleviate anxiety created by mental projections.

You use your mental intelligence and mental awareness to judge what looks suspicious. The pressure of a doubt or suspicion can last a lifetime, however, and you need to rely on your Authority to guide you to the correct question(s) on which to concentrate your energies while you wait for the right timing to share your answers. Ultimately, the answers you formulate are designed to be applied to questions that come from people around you. Rarely if ever can you formulate answers that provide solutions to your own questions about life. Understanding and accepting this truth can bring the comfort of letting answers come and go in your mind, until the time is right for one to be brought to the surface by being asked to share it for the benefit of others.

If you do not have Gate 63, you may either spend a lot of time looking for the next inspirational question you can answer, or become anxious that your life will always be in chaos.



# GATE 11 - PEACE

## The Gate of Ideas

This Gate is about exploring ideas, and the need to be stimulated through ideas that can be shared with others. Ideas are concepts designed to express what has been sensed. In Gate 11, possibilities are conceptualized into ideas. These ideas are not prescriptions for action because ideas come and go. At this point in the abstract process, you are given a quiet moment for assessment to sort out what has been remembered over the ups and downs of the experiential process.

You look to make sense of the past, and depending on the way you remember. You are prone to remembering what you really liked about what you saw, while leaving the rest out. This is how ideas become ideals, then beliefs and finally belief systems over time.

You seek the ideas of others to stimulate your own reflections, and you enjoy stimulating others with your ideas, but not indiscriminately. Ideas reach the Throat Center as verbal expressions, not as manifestations of action, and they are designed simply to be reflected upon.

Trying to solve your life's dilemmas with your own ideas will lead to frustration, further crises and confusion. You can take great delight, however, in savoring the stimulating details of past moments for their own sake.

Without Gate 56 you are under pressure to tell your stories, and may do so impulsively without waiting for the right timing.



# GATE 17 - FOLLOWING

## The Gate of Opinions

Gate 17 looks for one concept or opinion among many that we can all trust - one that will survive both testing and criticism, and calm our fears about the future. Gate 17 is designed to structure an answer into a concept, a workable pattern or a possible solution in preparation for Gate 62's substantiating details.



Up to this point in the logic process, your mind has taken a doubt about the future, formulated a potential solution, and now feels pressured to express it as an opinion. What it needs next is Gate 62's ability to translate the concept into language, to support it with facts and details, and present it to the public for their examination and analyses.

Your right eye takes in the world at a glance, seeing it as a collection of recognizable, visual patterns. If a pattern or an opinion cannot stand up to logic's scrutiny, it will be or should be rejected.

Unfortunately, you cannot always translate your visual image or what you understand about it, into language. Without Gate 62, you will find yourself looking for a name to represent concepts, for facts to support your opinions, and for an effective means to communicate your suggestions.

Mental anxiety for you arises out of the fear that no one will understand your value and your input.

# GATE 24 - THE RETURN

## The Gate of Rationalization

Gate 24's function is to take the unique inspiration of Gate 61 and turn it into a rational concept which can eventually be communicated to others. It returns to the same territory over and over again, pondering a thought it considers inspiring, reviewing it until it can be brought into form. Your mind cannot act on the inspiration, however, or prove it logically or through past experience.



This is a natural and spontaneous process of transformation, mental renewal and unique knowing. One moment the knowing is not there and the next moment it is. To use your individual mind to your greatest advantage, give yourself time to return and review. This process can include watching or listening to something over and over again.

If you let your mind transform organically, without attempting to control it, the resolution will often appear on its own. You will hear it in a moment of silence, like those aha's that pop into your mind in the middle of the night.

Gate 24 is the fear of ignorance, which is the mental anxiety that you will never know for certain, or that you won't be able to explain your knowing. If you try to make decisions with your mind, you will trigger this anxiety.

Without Gate 61 you are under pressure to make not-self mental decisions to look for the next inspiring mystery to solve.

# GATE 43 - BREAKTHROUGH

## The Gate of Insight

Gate 43 is the gate of the inner ear and only listens to its own unique inner voice. It can spontaneously transform rational inner knowing into Individual insight and new perspectives. Your knowing is not backed up by facts, however, and it can take fortitude to stand behind and explain insights that seem freakish and completely outside of the Collective or Tribal norms. You have the capacity, when the timing is right to mentally mold a unique and mutative awareness into its final shape.



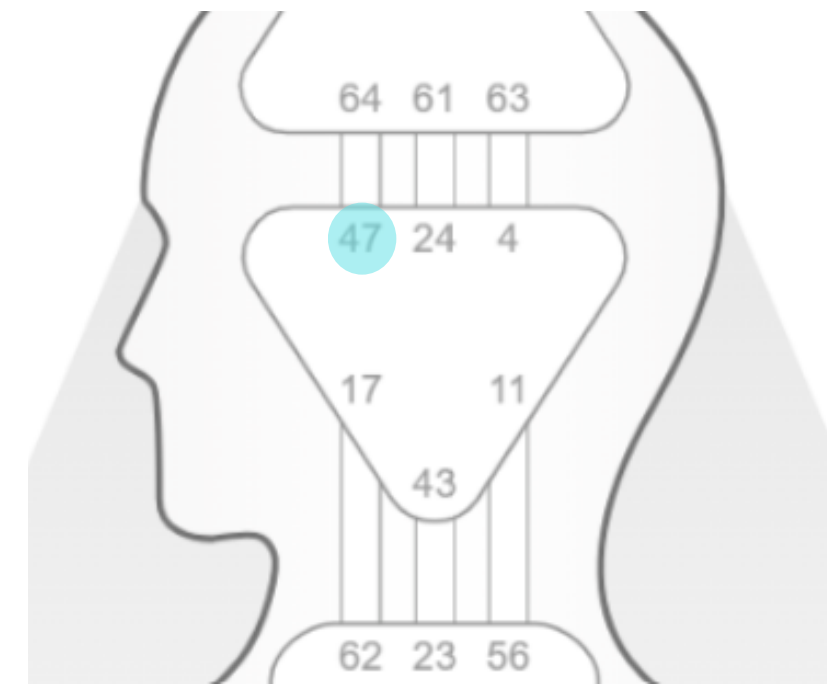
When fully conceptualized, your insights need to be invited down to Gate 23 in the Throat to bring the potential mutation, the possibility of a new perspective, out into the world. Nothing is more difficult for you than to listen to and really hear others. It's not your fault, nor a problem to be fixed, but simply your genetic protection from undue influence.

Gate 43 carries a fear of rejection. Without Gate 23, you may wonder how to clearly communicate your breakthrough insights. Mental anxiety arises when you fear that your ideas are too weird, and if you can't explain them you are vulnerable to the possibility of being rejected.

# GATE 47 - OPPRESSION

## The Gate of Realization

If Gate 64 is the one who remembers the disorganized collection of film clips that passes through its life, then Gate 47 is the editor who attempts to assemble them all into a meaningful slice of human experience. You will not see the full picture immediately as you tentatively start to sort through the collection of images, and it may not be apparent to you at first which clip holds the key to your eventual mental realization. As new details emerge, you may vacillate between perceiving the event this way or that way through a mix of recognitions that direct you toward different interpretations.



At first you may feel that rather than the process becoming easier, it is becoming more complicated for you to reassemble the mental sequences in a way that makes sense. If you can step back and trust, however, you will eventually cycle through to that "aha" moment.

The secret is to avoid the pressure to act on every conclusion that comes to you, and simply enjoy the array of possibilities that move through your active mind, until one stands out. You are then ready, when asked and it is correct for you, to share your recognitions with others.

Without Gate 64 you may put pressure on yourself, and forget to wait for the revelation that will truly bring the mental activity to a temporary halt.